

## We meet in Life Groups to **Connect**:

- Deeper with God and each other through prayer and relationship
- The Bible to life
- With our community through serving

## FREE RESOURCES:



**LECTIO 365 APP** [24-7prayer.com/dailydevotional](http://24-7prayer.com/dailydevotional)

Helps you **pray the Bible** and engage with Scripture to inspire prayer and shape your life.



**YOU VERSION BIBLE APP** [bible.com](http://bible.com)

1,200+ Bible versions, also allows you to connect with friends to do **devotionals together**, sharing real-life insights and comments.



**THE BIBLE PROJECT** [www.thebibleproject.com](http://www.thebibleproject.com). What is in the Bible and **how to read it**. Check it out at: <https://youtu.be/vFwNZNyDu9k>.

## SERMON SERIES: *Grounded*

Wisdom is the mindful application of our knowledge and experience to how we think, feel and act that results in flourishing relationships, (...with God, self and others).



Godly wisdom is the righteous application of the knowledge of God, ourselves and our experience to how we think, feel and act resulting in flourishing relationships with God, self and others.

Foolishness is the mindless ignorance of knowledge and experience to what we think, feel and act resulting in deteriorating relationships with God, self and others.

"The way of a fool is right in his own eyes..." (Proverbs 12:15a, ESV)

Ephesians 3:17–19. **Being Grounded is consistently living out of the love, knowledge, presence and strength of Jesus.**

Being Grounded Is Living Wisely.

## **THIS WEEK: “Grounded Thinking”**

Watch the weekend’s sermon: <http://www.coldspringschurch.net/sermons.html>.

**ICE BREAKER:** What childhood poem, song or other memorization do you still have total recall without even trying?

**PRAYER:** God is worthy to be sought - take time to pray together in your group.

## **EXPLORING TOGETHER**

There is value in sharing perspectives about the weekend message in community. With dialogue around God’s truths, perspective broadens and impacts transformation.

1. What is something from this weekend’s message that stood out to you? How so?

## **GOING DEEPER**

This weekend Pastor David quoted Dr. Leaf: *“What you wire into your brain through thinking is stored in your non-conscious mind. The non-conscious mind is where 99.9 percent of our mind activity is. It is the root level that stores the thoughts with the emotions and perceptions, and it impacts the conscious mind and what we say and do. Everything is first a thought.”*

2. What is your response to the above quote?

3. Re-read the below Scriptures from this weekend’s message. Share how one (or more) have made a difference in your life (or how they can make a difference):

Romans 12:1-2, Philippians 4:8, Psalm 119:11, 2 Corinthians 10:3-5,  
1 John 4:1, 1 Thessalonians 5:21 and Galatians 5:22-23

## **WISDOM EXERCISE**

Discuss with your group how we can implement this framework in our lives.

**TEST YOUR THINKING: 1) Hold it up to Scripture 2) Hold it up to Community**

*Each week’s Wisdom Exercise will help us consistently live out of the love, knowledge, presence and strength of Jesus. It is important to intentionally **determine when, where and with whom we will put them into practice***

## **SURRENDER PRAYER**

*Jesus, I surrender this \_\_\_\_\_ [belief/thought/feeling/action] to you right now. Come be with me and I am going to follow you.*

*Next week: “Grounded Emotions”*