

Why Do We Stay Stuck?

- The Self-Help Industry
- The Recovery Industry
- We Really Should Be Better!

The Power To Change (*Ephesians 4:20-24, ESV*)

- Starts with new knowledge, new awareness, new wisdom.
- Requires me to **recognize** my thinking, feeling, acting, and being as it really is.
- Can't be unleashed until we **acknowledge** how who we are is affecting our life and impacting others.

The Power To Change Requires Surrender

- You Have To Let Go...To Go Forward

Stop Trying, Start Receiving.

- *Ephesians 4:23. ESV*
- *Ephesians 4:23, NLT*
- *Colossians 3:10, ESV*
- *Romans 12:2. ESV*
- We set ourselves in a posture of renewal in which we let ourselves be renewed by Christ.

How To Surrender

- Surrender **of**...
- Surrender **to**...

Receiving The Power To Change

- Surrender Your Life to Christ (*Galatians 4:6, ESV; Romans 8:14-15, ESV*)
- Stir The Spirit In Your Life (*Hebrews 11:1, NIV; Romans 8:26-27, ESV*)

The Power To Change

The Assignment - Practice Stirring The Spirit:

Do something...

-In response to the Spirit

-In the power of the Spirit

-In trust of the Spirit