

# UNSHAKEABLE

LIVING THE WORDS OF JESUS



## **SERMON OUTLINE**

**Sunday Oct 22nd, 2020**

### **Fasting - Pastor Nick Campagna**

*“And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.”* Matt 6:16-18

#### **• Fasting Seen In Scripture**

##### **1. Repentance/Mourning Over Sin**

King David & Bathsheba

##### **2. Seeking Guidance From God**

. Queen Esther

*“Then the word of the Lord of hosts came to me: “Say to all the people of the land and the priests, ‘When you fasted and mourned in the fifth month and in the seventh, for these seventy years, was it for me that you fasted? And when you eat and when you drink, do you not eat for yourselves and drink for yourselves?’ “* Zechariah 7:4-6

*‘Why have we fasted, and you see it not? Why have we humbled ourselves, and you take no knowledge of it?’ Behold, in the day of your fast you seek your own pleasure, and oppress all your workers.’*  
Isaiah 58:3

*“Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh?”* Isaiah 58:6-7

- **Jesus calls His followers to have a heart that reflects His own.**

*‘And he said to all, “If anyone would come after me, let him deny himself and take up his cross daily and follow me.’* Luke 9:23

- **Fasting Today**

- i) An Act of Worship and Surrender to God  
Aristides quote
- ii) An Act of Loving Service Toward One Another

- **What Does Fasting Look Like For Me?**

- Surrender
- Follow
- Listen
- Do



For free tips and resources on what is in the Bible and how to read it, visit [www.thebibleproject.com](http://www.thebibleproject.com). The Bible Project creates free videos that show the Bible as a unified story that leads to Jesus. To find out more about this ministry, check out this short video: <https://youtu.be/vFwNZNyDu9k>.

**SERMON SERIES: “Unshakeable: Living The Words of Jesus”**

In this sermon series we explore how to live according to Jesus’ teachings in **Matthew chapters 5-7**. This is the **Gospel of the Kingdom**. It is something we are not only to know, but to do, to *live*. And when we do that, we are immovable, unshakeable because the foundation is Jesus and he is the Rock of our salvation that is immovable and *unshakeable*.

Reference: *The Essence: Unpacking Jesus’ Sermon on the Mount* (2020). Winslade. Wipf Stock Pub.

**Surrender - Follow - Listen - Do** (2 Corinthians 5:21, John 8:36, Luke 19:10)

*The Gospel - the Good News of Jesus - is that we are forgiven by God.  
Because we are forgiven, through the Spirit of God we have been given the  
power to forgive.*

*No forgiveness, no freedom. In forgiveness, there is freedom.  
Freedom to love and be loved.*