

# UNSHAKEABLE

LIVING THE WORDS OF JESUS



## **SERMON OUTLINE**

**Sunday Oct 4th, 2020**

**Transformed Mind, Transformed Body-** Pastor David Cooke  
Matthew 5:27-30

- **“You have heard it said...”** Matthew 5:27
- **“But I say...”** Matthew 5:28
- **“It is very good...”** God’s View of Sex and Sexuality  
Genesis 1:26-28, 31
- **So What’s The Problem?**
  - a) Living In A Clash of Values
  - b) The Marginalization of Women
  - c) Why Is Jesus So Serious
- What’s With The “...thrown into hell...” Talk? (Matt 5:29-30)
- All Sin Is Not Equal (1 Corinthians 6:18–20)
- All sin separates us from God
- But sexual sin impacts relationships the most deeply
  - A. Harm to self
  - B. Harm to others
  - C. Sexual Sin Impacts - Identity, Trust, Intimacy

- **Living Well**

- A. Honoring and Protecting One Another

- B. The Work of Purity In Our World

- C. The Work of Intimacy In Marriage (1 Corinthians 7:1-5)

- A healthy, Jesus-centered marriage will have regular, intentional sexual intimacy as a part of emotional intimacy.

- D. Re:Generation Starting Up

- **Living Well**

- A. Take It Seriously

- B. Know When To Run

- C. Honor One Another

- Live Bigger Than Yourself

- Sexual sin is always at its core self-centered.

- D. Invite Jesus In

- **How Do We Live In This World?**

- A. Love Jesus Most

- B. Respect and Honor God's Creation (1 Timothy 5:1-2)

- C. Don't Be Hate-filled or hateful (John 17:14-16)

- D. Walk The Tightrope

- **Surrender - Follow - Listen - Do**

**The Gospel** - the Good News of Jesus - is that we are forgiven by God. Because we are forgiven, through the Spirit of God we have been given the power to forgive.

No forgiveness, no freedom. In forgiveness, there is freedom.  
Freedom to love and be loved.

(2 Corinthians 5:21, John 8:36, Luke 19:10)

## SERMON STUDY GUIDE

**We meet in Life Groups to:** Connect deeper with God and each other through prayer and relationship. Connect the Bible to life. Connect with our community through serving.

**ICE BREAKER:** When it comes to sin, what is the difference between defiance and weakness?

**PRAYER:** God is worthy to be sought - take time to pray together in your group.

### **SERMON SERIES: “Unshakeable: Living The Words of Jesus”**

In this sermon series we explore how to live according to Jesus’ teachings in **Matthew chapters 5-7**. This is the **Gospel of the Kingdom**. It is something we are not only to know, but to do, to *live*. And when we do that, we are immovable, unshakeable because the foundation is Jesus and he is the Rock of our salvation that is immovable and *unshakeable*.

### **THIS WEEK: Matthew 5:27-30 “Transformed Mind, Transformed Body”**

Watch the weekend’s sermon here:

<http://www.coldspringschurch.net/sermons.html>.

### **EXPLORING TOGETHER**

There is value in sharing perspectives about the weekend message in community. With dialogue around God’s truths, perspective broadens and impacts transformation.

1. What is something from this weekend’s message that stood out to you? How so?

### **TAKING IT HOME**

Sexual intercourse, the literal meaning of **“one flesh,”** is not carnal or dirty. God is not a restrictive or punitive killjoy; his design for sex is much deeper than the physical, mechanical act and was designed as a **sacred expression of the love-bond between two people who are committed to each other for life.**

2. Why do you think the Bible makes such a big issue about sexuality?  
(1 Corinthians 6:18-20)
3. How would you respond to the person who says that viewing pornographic material is a victimless pastime?
4. Pastor David talked about the marginalization of women. How does Jesus’ teaching impact this issue?

5. It is far better to avoid or cease actions that bring pleasure now than to let them destroy the life promised to us in the future. What are some specific, concrete steps that we can take to avoid the temptation to lust?

### **WEEKLY REFLECTION**

For those who think they are guiltless on a subject like sexual sin, be careful that you do not indulge in the equally heinous sin of self-righteousness. Jesus taught that the **outward action is simply the final phase of sin that begins in the heart or mind** of a person.

As the famous preacher, F. B. Meyer once said:

*“When we see a brother or sister in sin there are two things we do not know. First, we do not know how hard he or she tried not to sin, and second, we do not know the power of the forces that assailed him or her. We also do not know what we would have done in the same circumstances.”*

6. What are some steps that we can take to heal from the effects of sexual sin (either our own or committed against us)?

7. What does a verse like 1 Corinthians 10:13 communicate to you?

**Read Luke 4:18.** Jesus was not saying that a natural physical attraction toward someone is sin, per se. Nor is he challenging our appreciation of beauty or good looks. But he knows our struggles, our wounds, our shame. And he is not shocked nor repulsed. **Invite Jesus in...**

### **Surrender - Follow - Listen - Do**

- The Gospel - the Good News of Jesus - is that we are forgiven by God. Because we are forgiven, through the Spirit of God we have been given the power to forgive.
  - No forgiveness, no freedom. In forgiveness, there is freedom. Freedom to love and be loved.
- “For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.” (2 Corinthians 5:21, ESV)
- “So if the Son sets you free, you are truly free.” (John 8:36, NLT)
- “For the Son of Man came to seek and save those who are lost.” (Luke 19:10, NLT)