

**TO PONDER:** What are some of the ways you express creativity? What makes them unique to you?

**PRAYER:** God is worthy to be sought - take time to pray for each other and our world.

**SERMON SERIES: *Fearfully & Wonderfully Made: Type 4 - Intense Creative***  
**RECAP**

In this sermon series we explore how to **follow Jesus** in the way we were designed. Because... **you are not a mistake (Psalm 139:24)**! The *Enneagram Assessment* is a spiritual formation tool that can help us understand ourselves and others, in order that we may **increasingly love God and others (Mark 12:28-31)**.

**EXPLORING**

There is value in sharing perspectives about the weekend message in community. Whether by phone, text, email or other internet face-to-face platforms, reach out to a friend or two group to dialogue around God's truths, which leads to **transformation**.

1. What is something from this weekend's message that stood out to you?
2. What helped you see more of Jesus and his cross, or moved you to love him more?

**TAKING IT HOME**

We are not meant to just let life happen to us, *conforming* rather than *transforming* (**Romans 12:1-2**). We can choose to allow God's transforming power into our life.

We all bear the image of God within us, and depending on your type that image manifests in different ways. However, we can find parts of ourselves in other personality types (Enneagram wings), especially when we're under pressure.

**Type 4's** bear the image of God as ***creativity and depth***.

Type 4's **healthy self** is... Self-renewing and Life-embracing, Creative and Sensitive.  
Type 4's **unhealthy self** is... Individualistic and Temperamental, Melancholic and Flamboyant.

3. What would help Type 4's recognize the difference between the voice of the accuser and the voice of the Spirit of God?

Type 4's long to be seen as special, unique and authentic.

When 4's try to satisfy the above longing outside of Christ, they can be experienced as self-centered and riding the emotional roller-coaster. This can be exhausting for them and those around them.

Aligning their hearts with the Gospel, taking their longings to Jesus, enables 4's to share their creativity with others as a way of expressing their love and connection with God.

Jesus Truth: *Jesus you see me, understand me and know me fully — your love fills my greatest longings.*

4. How does **Matthew 18:1-6, John 1:1-5** and this week's "Jesus Truth" resonate with your life?

### WEEKLY REFLECTION

At Cold Springs we define a disciple of Jesus as *someone who follows Jesus in an ever deepening relationship of love and helps others do the same. We seek to live out of the overflow of a Jesus-trusting life, BEING restored and strengthened.*

5. When do you find yourself retreating into your own little world or the other extreme of "living out loud", intensely expressing yourself without filter?

6. How does identifying with Type 4's strengths and weaknesses lend hope for yours?

Remember the *Johari Window* - everyone has blind spots. We come to see our blind spots through courageous self-examination and courageous invitations to others to lovingly speak truthfully to us.

**Ephesians 4:21-24.** This series is grounded in *spiritual formation*. We can thrive as "fearfully and wonderfully made" people. God's invitation of growth comes through the mirrors of: Scripture, the Holy Spirit and Faith Community.

The Ephesians passage clearly delineates 3 steps to following Jesus:

*Put off your old self (Repent).*

*Be renewed (Turn to God).*

*Put on your new self (Live differently - Do good).*

7. Each week reflect on the following: 1. *What do I need to take off?* 2. *What does it mean for me to turn to God?* 3. *What is the resulting new self (action/living)?*