

# Enneagram #9



The Enneagram 9 is The Adaptive Peacemaker  
The Adaptive Peacemaker is someone who wants to bring peace to their world and the world around them. They are great mediators who can see everyone's side but often don't know what they want or think because they are so other-focused. If they are pushed too hard they will either check out or become extremely stubborn, most likely by being passive aggressive.

## KEY WORDS



Thoughtful and  
Peace-bringing



Agreeable and  
Self-sacrificing



Resigned and  
Withdrawn



Disengaged and  
Disappeared

## WHAT DRIVES ME

I need to have harmony both internally and externally;  
I want there to be peace in my relationships and my  
environment so I can be at peace.

## FEARFULLY AND WONDERFULLY MADE

- I find comfort in God because He has the power to bring peace that is greater than my circumstances and greater than my understanding.
- I am stretched by God because of His paradoxes - He uses blessings and sufferings to bring about His purposes, He uses peace and conflict to show His character. It is hard for me to see these tensions in the Bible and the world around me.
- I experience love from others when you affirm that I matter and my perspective matters, you listen attentively to me and take what I say seriously, you affirm my gifts and strengths & encourage me to use them.
- I love other people by being kind, patient and caring towards you, going along with what you want even if it isn't what I want, bringing peace to our relationship.

# SPIRITUAL PRACTICES

## PRACTICE THIS PRAYER

As you breathe in, pray “I am God’s creation...” as you breathe out, pray “My voice matters.”

## NOTICE THIS

When you want to check out, stop and name the emotion you are feeling in the moment, and ask Jesus to come be with you.

## PRACTICE THIS

Sharing your thoughts and opinions with others.

## WRITE THIS DOWN

A goal or something you want in the future and share it with a safe friend.

## AT MY BEST

- I am connected to the people around me where I know I am important and valued.
- People are kind to me and to others.
- I live from a sense I am valuable and important - my contribution matters.

## AT MY WORST

- You’ll see the worst in me when I get overwhelmed with the demands of others.
- I don’t feel relationally connected to people.
- People are rude to me or others.
- I’m treated as being invisible and unimportant.

Other people experience me as peaceful and accommodating to the wants and needs of others.  
Easy-going and undemanding. Calm and kind.

# WHO I AM

## TO GET WHAT I WANT, I WILL MOST LIKELY

withdraw because what I really want is not to be affected by others such that you disrupt my sense of inner peace. I don't necessarily like change because that creates conflict so I will initially resist it.

## WHEN I DON'T GET WHAT I WANT, I WILL MOST LIKELY

point out the positive because I don't want there to be problems and conflict. This causes me to look for the places of harmony and how I can mediate the situation to bring about peace.

## I LIVE MOSTLY OUT OF MY

body- i am a "do-er", keeping busy to avoid conflict and to distract myself from things that might be wrong within me and around me.

## MY SELF MEDICATION TEMPTATION IS

to disengage from the world by numbing, checking, zoning, or running out. I can be a great napper as a way to disconnect! Food, drink, shopping, binge-watching, etc. can all be ways of zoning out so as not to deal with uncomfortable or stretching things in my life.

## MY CORE WEAKNESS IS

laziness - this can be external in choosing inactivity as a way to check out and not deal with life. However, it is more so an internal laziness of not paying attention to my desires, gifts, interests and goals. I lose touch with who I am and instead just "go along to get along" with the agendas and desires of those around me. If someone asks me, "What do you want?" I will most likely answer without thinking, "What do YOU want?"

# SPIRITUAL TRANSFORMATION

## HOW TO SHARE JESUS WITH A 9

"Take the time to seek out what I really think and believe because I will want to keep the peace above all. You can challenge me but you must be respectful and non-confrontational to keep me engaged."

## MY JESUS TRUTH IS

I find peace in the presence of Jesus, not the absence of conflict.

"You (God) will keep in perfect peace all who trust in you,  
all whose thoughts are fixed on you!" (Isaiah 26:3, NLT)

