

Enneagram #2



The Enneagram 2 is the Considerate Helper. Twos value relationships and are kind, self-sacrificing and considerate of others. They want their world to be a more loving place and work hard to make this so. Twos are a gift from God through their unconditional love and care showing God's love toward others.

KEY WORDS



Unconditionally loving



Possessive and Proud



Supportive and Giving



Entitled and Manipulative

WHAT DRIVES ME

The need to be relationally connected by seeing and meeting the needs of others.

FEARFULLY AND WONDERFULLY MADE

- ♥ I find comfort in God because of His relational, committed love. I identify with the suffering servant example of Jesus.
- ♥ I am stretched by God because of His grace - I can't earn His love by what I do.
- ♥ I experience love toward me by being appreciated, noticed and valued for the things I do for you.
- ♥ I show my love to others by meeting your needs and helping you - whether you see those needs or not. And whether you ask for it or not.

SPIRITUAL PRACTICES

“The spiritual practices that will help me are thoughtfully choosing to respond to other’s needs instead of reacting compulsively to meet the needs of others.”

PRACTICE THE PRAYER

“Jesus what would you have me do in this situation?”

PRACTICE SAYING

“No” to slow down and not be involved in everyone’s business.

PRACTICE SELF-CARE

Do good things for yourself like rest, exercise, proper diet and solitude.

PRACTICE ASKING

Others to meet your needs.

AT MY BEST

- I love and care for others out of the over-flow of knowing I am loved and lovely in the eyes of God, so my service is without expectations and strings.
- I am kind, generous, and caring.
- I reflect God’s unconditional love and care for others.

AT MY WORST

- I feel like I’m being taken for granted, when I’m not appreciated, when my voice isn’t heard, and when others are treated poorly.
- I am controlling, manipulative, entitled, and intrusive.

WHO I AM

TO GET WHAT I WANT, I MOST LIKELY WILL BE
compliant to the needs and wishes of those around me.

WHEN I DON'T GET WHAT I WANT, I MOST LIKELY WILL
try to find the positive in the situation, be empathetic
and believe the best about the intent of others.

I LIVE MOSTLY OUT OF MY
heart - I'm a feelings person.

SPIRITUAL TRANSFORMATION

HOW TO SHARE JESUS WITH A 2

"Speak to my worth and value as a person who God loves as His beloved creation. Jesus is the ultimate servant by dying on the cross and the only thing I can do is humbly receive His love."

THE "2" JESUS MOTTO

I am worthy of Jesus' love because of who I am, not what I do.



