

COLD SPRINGS CHURCH

“Restored by grace. Strengthened with love. Transformed through Jesus.”

Watch the sermon: <https://www.coldspringschurch.net/sermons.html>

May 5: “STOP TRYING, START RECEIVING.” (Ephesians 4:23; Romans 12:1-2)

ICE BREAKER

What has been a highlight so far this week?



ONE THING STUDY

1. Read this week’s key passage(s).
2. Pick One Thing (a word or phrase) that stands out.
3. Talk about it with someone.

QUESTIONS TO CONSIDER

We consider change taking off the “old self” and putting on the “new self in Christ,” through the: *Word of God. Spirit of God. People of God. Creation of God. Eph.4:20-24*

1. What stood out to you about the weekend message?
2. Share an experience from last week’s Assignment (see box below).
3. What keeps people stuck in life?
4. We are called to practice dependence. What is/has been in your life that can’t be explained except by supernatural happening?
5. Stirring the Spirit in our life is the intentional daily dependence on the Spirit of God to strengthen us, guide us and provide for us. Share ideas and expectations about

This week’s Assignment:

Practice Stirring the Spirit. Do something...

In response to the Spirit. In the power of the Spirit. In trust of the Spirit.

PRAYER

God is worthy to be sought - take time to pray together in your group.
Holy Spirit, be stirred up in my life. Let there be more of you infiltrating every part of me. I pray you will guide my thinking to make it new. I pray you will empower my doing, so it honors you and blesses others. I pray you would give my spirit courage to trust you more and follow you more courageously. Thank you that you are forever present and forever faithful in my life. Be stirred up in me for the glory of God and so more people will see more of Jesus in me and through me. Amen.

Think About Your Life...

What have you had to let go of to get where you are now?

What is hard for you to let go of?

What do you need from God to release the past?

Invite Jesus into your life:

As it is. Where you are. As you are.

Interested in **Next Steps** @

Cold Springs Church?

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