



**A Simple, Relational Approach to Helping Each Other  
Grow a Deeper Faith in Jesus and Encourage Others to  
Do the Same**

- 1. Connect with each other.***
- 2. Connect with God in His Word.***
- 3. Connect in prayer.***

**What does a Mentoring Meeting Look Like?**

- Meet in-person for 30 minutes to an hour.
- Meet over a meal or coffee if possible.
- Commit to meeting in-person three times: about every other week is ideal.

**Questions about mentoring? Reach out to Pastor Steve:  
[steve@coldspringschurch.net](mailto:steve@coldspringschurch.net) / 209-201-2521 (text or call)**

**These resources are also online: [https://  
www.coldspringschurch.net/3g-mentoring-resources.html](https://www.coldspringschurch.net/3g-mentoring-resources.html)**

# Mentor Meeting Suggestions

## Meeting #1

1. Use 10 Questions to get to know each other.
2. Do a One Thing Study together if you have time.
3. Choose a Bible App Plan to do together during the coming days. (If for some reason you'd prefer not to do a Bible App Plan together, an alternative could be to do One Thing Studies on your own throughout the week and text each other your One Thing.)

## Meeting #2

1. Use 5 Questions to reconnect.
2. Do a One Thing Study together.
3. Choose a Bible App Plan to do again together during the coming days (if you've already finished your other one.) (Or continue sharing One Things throughout the week.)

## Meeting #3

1. Use 5 Questions to reconnect.
2. Do a One Thing Study together.
3. Ask the Question: Who could *you* do this with? (Be one that makes one that makes one!)
4. IF your mentee is part of CSC, please let Pastor Steve know who you've mentored with so he can include them in the monthly mentoring communication.

## **Congratulations! You're done!**

*If you had such a good time meeting together that you'd like to continue, you are more than welcome!*

*One option would be to continue using these tools as a guide for your meetings:*

1. Use 5 Questions to reconnect.
2. Do a One Thing Study together.
3. Choose a Bible App Plan to do again together during the coming days (if you've already finished your other one.)

## One Thing Study

- Read a passage
- Pick One Thing (a word or phrase that stands out to you). Mark it (highlight it, underline it, etc.)
- Talk to God about it (and/or talk to each other about it)

## How Are You?

### How is your Being?

How well are you living as the Beloved of God? What is the state of your soul? How are you and Jesus doing?

1 - My soul is overflowing 5 - I am dry

### How is your Thinking?

How aware are you of your internal narrative? How well are you taking your thoughts captive in obedience to Christ? How much is your mind at rest?

1 - I have focus 5 - I am distracted

### How is your Feeling?

How in tune are you to your heart? How aware are you of what you are feeling about yourself and others?

1 - I am aware and surrendering 5 - I am in the dark

### How is your Doing?

How aware are you of what you are doing and why you are doing it? How much are your actions moving you toward purpose? How much are your actions self-medicating to distract or dull yourself from reality?

1 - I am acting intentionally 5 - I am acting reactively

## 10 Questions

*Take 10 minutes each to share your story using these questions as a guide. (Suggestion: set a timer!)*

1. Tell me your story? (Where did you grow up? Your educational journey? Your work journey? Your spiritual journey?)
2. Tell me a story about your childhood?
3. What are the different places you've lived? Which was your favorite? Why? Least favorite? Why?
4. Who is a living person that you really look up to? Why?
5. Who is a historical person that you really look up to? Why?
6. What does your typical day look like?
7. What is the hardest thing you have had to deal with in your life?
8. What are a few of the greatest joys that you have experienced in life?
9. What do you enjoy doing in your free time?
10. What is a dream that you have for your future?

## 5 Questions

1. What's new in your life since the last time we talked?
2. What is something that you are celebrating these days? What is something difficult/challenging these days?
3. What is One Thing God is teaching you through His Word recently?
4. How are you? (Suggestion: use the **How Are You?** guide to the left)
5. What is the most important thing I can pray for you?