

COLD SPRINGS CHURCH

“Doing Life Well. Together.”

Watch the Sermon:

<http://www.coldspringschurch.net/sermons.html>.



This Week: “No One Is An Island”

(John 15:15, 17:22-23; Romans 12:3; Ephesians 4:15)

ONE THING STUDY

1. Read one of the above key passages.
2. Pick One Thing (a word or phrase) that stands out to you.
3. Talk about it with someone in your life and/or your group.

CHECK-IN (where do you rank 1 thru 5 for one or more of the below areas?)

1. **How is your *Being*?** (1- My soul is overflowing... 5- I am dry)

How well are you living as the Beloved of God?

What is the state of your soul? How are you and Jesus doing?

2. **How is your *Thinking*?** (1- I have focus... 5- I am distracted)

How aware are you of your internal narrative? How well are you taking your thoughts captive in obedience to Christ? How much is your mind at rest?

3. **How is your *Feeling*?** (1- I am aware... 5- I am in the dark)

How in tune are you to your heart?

How aware are you of what you are feeling about yourself and others?

4. **How is your *Doing*?** (1- I am acting intentionally... 5- I am frantic or passive)

How aware are you of what you are doing and why you are doing it? How much are your actions moving you toward purpose? How much are your actions self-medicating to distract or dull yourself from reality?

QUESTIONS TO CONSIDER

1. What stood out to you from this week’s sermon? Share it with someone!
2. Why is it that being “fully known and fully loved” resonates so deeply within us?
3. Pastor David spoke of 3 families: *Family of God. Family of Origin. Family of Flourishing*. Which “family” descriptor stood out to you? How so?
4. The “Family of Flourishing” categories noted are: *Intentional. Meaningful. Spiritual. Conversations*. Which are you most pulled toward in this season?
5. How does/will God fit into your familial relationships?

PRAYER Colossians 4:2

Pray together, including needs discussed in your group time.

*Interested in **Next Steps** @ Cold Springs Church? Contact Pastor Esther: esther@coldspringschurch.net or Pastor Steve: steve@coldspringschurch.net*

Beyond Survival No One Is An Island

I. The Longing Of Humanity

- To Be...Fully Known. Fully Loved.
- *Psalm 103:17 ESV - Jeremiah 31:3, ESV*
- God Shows His Love Through People - *John 17:22-23, ESV* -
- The Pandemic Of Loneliness

IV. The Relationships We Need

V. FOO

- Family Of Origin
- We all have a FOO, for better or for worse
- We find our sense of belonging in our FOO
 - When Brokenness Happens
- There Are No Normal Families - *Romans 3:23, ESV* -
- Leaving and Cleaving - *Genesis 2:24, ESV* -

VI. FOG

- Family Of God - *Matthew 12:46-50, ESV* -
- Finding Your Faith Family
 - Worship Gathering
 - Life Group Gathering
 - Mentor Gathering

VII. FOF

- Family Of Flourishing - *John 15:15, ESV* -
- Fully Known. Fully Loved.
- FOF = Intentional + Meaningful + Spiritual + Conversations

Intentional: Be Present. Be Proactive. Be Available.

Meaningful: Be Truthful. Be Vulnerable. Be Humble.

- *Ephesians 4:15, ESV - Romans 12:3, ESV* -

Spiritual: Forward, Not Backward: - *Philippians 3:12-14, ESV* -

Growth, Not Stuck - *Philippians 3:12-14, ESV* -

Empowered, Not Selfish - *Corinthians 4:6-7, ESV* -

Conversations: Us, Not You Or Me. Real, Not Right. Grace, Not Judgement.
Face-To-Face, Shoulder-To-Shoulder

VIII. Fully Known. Fully Loved.

The glory that you have given me I have given to them, that they may be one even as we are one, I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me. - *John 17:22-23, ESV*