

COLD SPRINGS CHURCH

“Doing Life Well. Together.”

Watch the Sermon:

<http://www.coldspringschurch.net/sermons.html>.



**This Week: “Trusting Marriage”
(Ephesians 5:15-33; John 14:27)**

ONE THING STUDY

1. Read one of the above key passages.
2. Pick One Thing (a word or phrase) that stands out to you.
3. Talk about it with someone in your life and/or your group.

CHECK-IN (where do you rank 1 thru 5 for one or more of the below areas?)

1. **How is your *Being*?** (1- My soul is overflowing... 5- I am dry)

How well are you living as the Beloved of God?

What is the state of your soul? How are you and Jesus doing?

2. **How is your *Thinking*?** (1- I have focus... 5- I am distracted)

How aware are you of your internal narrative? How well are you taking your thoughts captive in obedience to Christ? How much is your mind at rest?

3. **How is your *Feeling*?** (1- I am aware... 5- I am in the dark)

How in tune are you to your heart?

How aware are you of what you are feeling about yourself and others?

4. **How is your *Doing*?** (1- I am acting intentionally... 5- I am frantic or passive)

How aware are you of what you are doing and why you are doing it? How much are your actions moving you toward purpose? How much are your actions self-medicating to distract or dull yourself from reality?

QUESTIONS TO CONSIDER

1. What stood out to you from this week’s sermon? Share it with someone!
2. How do you “lovingly disagree” with someone? What is your approach to those with whom you want to connect with, understand and be understood by?
3. Why do you think Paul exhorted all to be careful, wise, sober, Spirit-filled and grateful right before addressing mutual submission under Christ (vv. Eph.5:15-21)?
4. How does trusting God apply to trusting marriage? Where does it *not* apply?
5. How can a person have peace in the midst of troubles?

PRAYER Colossians 4:2

Pray together, including needs discussed in your group time.

*Interested in **Next Steps** @ Cold Springs Church? Contact Pastor Esther: esther@coldspringschurch.net or Pastor Steve: steve@coldspringschurch.net*

Beyond Survival

Trusting Marriage

I. What Is Marriage?

- It Is...
 - A Metaphor
 - A Journey
 - A Foundation
 - A Commitment

II. What Marriage Is From The Bible

- The Need To Be Wise In These Times - *Ephesians 5:15-21, ESV*
- Marriage - *Ephesians 5:22-33, ESV*

III. The Problem With Marriage

- Don't Believe Everything You Read

IV. Why You Should Trust Marriage

V. Remember Our Questions...

- Can You Trust God?
 - It's A Pretty Critical Question.
 - If no, it's all up to you, baby.
 - If yes, it leads to another question.
- DO You Trust God?
 - Trust Is Shown When There Is Reliance Under Stress.
- WILL You Trust God? - *1 John 4:16, NLT*

VI. Marriage Is...

- A Metaphor - *Ephesians 5:31-32, ESV*
- A Journey - *Ephesians 5:21, ESV*
- A Foundation - *Ephesians 6:1-3, ESV*
- A Commitment - *Ephesians 5:33, ESV*

VII. Pulling Together

- *2 Corinthians 6:14, ESV*
- *Song of Solomon 2:7, 3:5, 8:4, ESV*
- *Song of Solomon 2:7, NLT*

VIII. No God, No Peace. Know God, Know Peace

- Shalom Awaits - *John 14:27, ESV*

IX. Will You Trust God?