

Can You Change?



The Struggle is Real

Romans 7:14-19



"For I do not do the good I want, but the evil do not want is what I keep on doing."

Romans 7:19



How's Your Transformation Going?

Romans 12:1-2



Which side do you live on?



Which side do you live on?

Romans 7?



Which side do you live on?

Romans 7? Romans 12:2?



Can You Really Change?



THE POWER TO
Change

The Romans 7 Life...



The New Life



Transformation Journey





20 But that is not the way you learned Christ!— 21 assuming that you have heard about him and were taught in him, as the truth is in Jesus, 22 to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, 23 and to be renewed in the spirit of your minds, 24 and to put on the new self, created after the likeness of God in true righteousness and holiness.

RENEWAL JOURNEY

the biblical path of transformation is one of knowing - recognition - acknowledgement - surrender - reception - practice.



KNOW

We know who we are and how we tend to show up in our thinking, feelings, actions and being through knowledge shared by others.

RECOGNIZE

We recognize the shadow and all of the subtle ways it shows up. This is a life-long journey.

ACKNOWLEDGE

We acknowledge the reality of its impact on us and others.

SURRENDER

We surrender to the Spirit of God by intentionally inviting the presence of Jesus into the shadow, not trying to "be acceptable" first.

RECEIVE

We receive the provision of the Spirit's strength, truth and wisdom to move us away from the shadow and into the light of Christ.

PRACTICE

We practice
intentional ways of
thinking and doing
that will lead us to not
react, but rather to
respond to our
emotions as
information about the
state of our being.

What the Message Is



STOPITIE



STOPITH

STARTIT!!



Can You Really Change?

Ephesians 4:20-21







"...assuming that you have heard about him..."



"...assuming that you have heard about him..."

"...and were taught in him..."



"...assuming that you have heard about him..."

"...and were taught in him..."

"...as the truth is in Jesus..."



The Power 10 Change Starts With Truth



Truth doesn't originate within us.



Truth doesn't originate within us.

Truth is something we learn.

It is external to us.





It is external to us.

It is greater than us.



It is external to us.

It is greater than us.

It exists before, beyond and after us.



We Can Know Truth Through



The Word of God.





The Word of God. The Spirit of God.



The Word of God. The Spirit of God. The Creation of God.



The Word of God.

The Spirit of God.

The Creation of God.

Wisdom.







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Questions to Consider



What trips you up when you try to change?



What has helped you grow?



What is something you came to know that was transformational for VOU? THE POWER TO

How are you intentionally exposing yourself to truth?

