

FEARFULLY + WONDERFULLY MADE

SERMON OUTLINE

Sunday Mar 1st, 2020

The Loyal Skeptic, Enneagram 6 - Pastor David Cooke 1 Kings 18-19

- **You're Not A Mistake** Psalm 139:14
- **We Are to Be Like Jesus**
Romans 8:29
- **The Good News of Jesus** Acts 26:20
- **It's Just A Tool**

i) We're only **one** number but we all tap into the characteristics of other numbers.

ii) We're influenced by the numbers next to ours. It's part of our **uniqueness**. These are called the **Wings**.

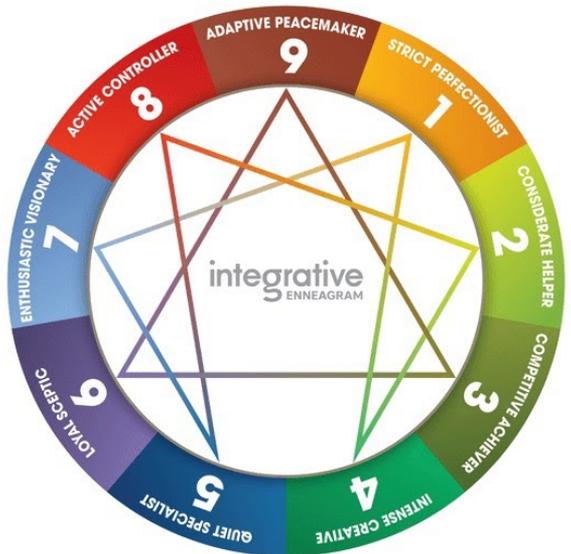
WARNINGS!

*Don't weaponize the Enneagram - No Number Thumping!

*Don't worship the tool!

*It's a great tool - but it's

just a tool. Transformation comes from encountering Jesus and our lives intersecting honestly with the Gospel of Jesus.



- **Just Like Us** - James 5:16–18

- **The Enneagram 6 - The Loyal Skeptic**

My gift to the world is...reflecting God's faithfulness and courage.

- **1 Kings 18-19 - The Story of Elijah**

- Power encounter
- Elijah's courage
- Elijah's Fear
- God's Faithfulness

- **Jesus and the scriptures are the mirror we need in our lives.**

James 1:22–25

- **Remember the Johari window** - everyone has blind spots.

Deuteronomy 31:6, NLT

- **Spiritual Practices**

- **Being With Jesus**

My Jesus Motto is...Jesus you are completely trustworthy and you protect me with your love and power. Ephesians 6:10–11, ESV

- **Live and lead out of the overflow of a Jesus-trusting life...**

LIFE GROUP STUDY GUIDE

ICE BREAKER: As a child, what were you afraid of? How did you overcome it?

PRAYER: God is worthy to be sought - take time to pray together in your group.

“Fearfully & Wonderfully Made” - Type 6 - Loyal Skeptic

In this sermon series we explore how to **follow Jesus** in the way we were designed. Because... **you are not a mistake (Psalm 139:24)!** The *Enneagram Assessment* is a spiritual formation tool that can help us understand ourselves and others, in order that we may **increasingly love God and others (Mark 12:28-31)**.

When we know **who we are**— our heart’s motives and needs— we can see God’s grace, love and purpose for us (to become like Jesus - **Romans 8:29**) through the Gospel, which has the power to transform. When we know **whose we are**, we follow Jesus with the perspective that we are God’s most cherished and beloved children, sustained and transformed by God because of Christ’s sacrifice on our behalf.

EXPLORING TOGETHER

There is value in sharing perspectives about the weekend message in community. With dialogue around God’s truths, perspective broadens and impacts transformation.

1. What is something from this weekend’s message that stood out to you?
2. What can we learn from Elijah’s story (1 Kings 18-19, James 5:16-18)? His highs and lows... courage and fears?

TAKING IT HOME

We are not meant to just let life happen to us, *conforming* rather than *transforming* (**Romans 12:1-2**). We can choose to allow God’s transforming power into our life.

We all bear the image of God within us, and depending on your type that image manifests in different ways. However, we can find parts of ourselves in other personality types (Enneagram wings), especially when we’re under pressure. **Type 6’s** bear the image of God as **God is trustworthy**.

3. How often do you find yourself ruminating on the “worst case scenario”? How has that been helpful? What experience(s) has that kept you from?

16th Century French philosopher Michel de Montaigne said, “My life has been full of terrible misfortunes, most of which never happened” (brainyquote.com/quotes/michel_de_montaigne_108601).

4. How would you describe the difference between *thinking* about a problem and *worrying* about a problem?

5. Type 6's feel compelled to seek safety and security. Read **Deuteronomy 31:6; Joshua 1:9** and **1 Peter 5:6-7**. How do these passages speak to 6's longings?

6. Read **Lamentations 3:23-24, 31** and **2nd Corinthians 1:8-11**. How do these passages practically address our experiences today?

Type 6's can be the steadiest, most reliable, hardworking and loyal people. They can foresee problems and be incredible team players. When concerned for the common good, 6's are the "glue" which hold groups together.

Jesus Truth: "Jesus you are completely trustworthy and you protect me with your love and power."

WEEKLY REFLECTION

At Cold Springs we define a disciple of Jesus as *someone who follows Jesus in an ever deepening relationship of love & helps others do the same*. We seek to live out of the overflow of a Jesus-trusting life, BEING restored & strengthened.

7. When do you hide what you think or feel from others? How has this affected you and your relationships?

8. In what area of life do you need God's presence giving you strength to be courageous?

Remember the **Johari window** - everyone has blind spots. We come to see our blind spots through courageous self-examination and courageous invitations to others to lovingly speak truthfully to us.

Ephesians 4:21-24. During this series we hear about *our transformation* as the hope of the Gospel. We can thrive as "fearfully and wonderfully made" people. God's invitation of growth comes through the mirrors of: Scripture, the Holy Spirit and Faith Community.

The Ephesians passage clearly delineates 3 steps to following Jesus:

Put off your old self (Repent).

Be renewed (Turn to God).

Put on your new self (Live differently - Do good).

8. Each week reflect on the following:

What do I need to take off?

What does it mean for me to turn to God?

What is the resulting new self (action/living)?