

# FEARFULLY + WONDERFULLY MADE

SERMON OUTLINE

Sunday Feb 9th, 2020

The Quiet Specialist - Pastor David Cooke

- **You're Not A** \_\_\_\_\_

*I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.* - Psalm 139:14, ESV

- **We are to be like** \_\_\_\_\_

*For God knew his people in advance, and he chose them to become like his Son...* - Romans 8:29, NLT

- **The Good News of Jesus**

A. You are \_\_\_\_\_

B. Your life is \_\_\_\_\_ by your choices and others choices

C. Jesus is the way to be \_\_\_\_\_

D. Turn away from your \_\_\_\_\_

E. Turn to \_\_\_\_\_

F. Live \_\_\_\_\_ - do good. Acts 26:20, NLT

- **Enneagram 5 - The Quiet Specialist**

Luke 1:1–4, Acts 17:10–12

- The Gift of the Enneagram 5

- The Core Weakness

- How You Stay In Charge

- Letting Jesus Be In Charge

- **Living Fearfully and Wonderfully Made**

*“assuming that you have heard about him and were taught in him, as the truth is in Jesus, to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness.”*  
Ephesians 4:21–24

\_\_\_\_\_ and the \_\_\_\_\_ are the mirror we need in our lives.

Everyone has \_\_\_\_\_.

We come to see our blind spots through courageous self-examination and courageous invitations to others to lovingly speak truthfully to us.

**Answers:** Mistake, Jesus, loved deeply by God, broken, restored and strengthened, brokenness, God, differently, Jesus, scriptures, blind spots

# LIFE GROUP STUDY GUIDE

**We meet in Life Groups to:** Connect with God and each other. Connect the Bible to life. Connect with the community through serving together.

**ICE BREAKER:** What is your most used emoji or punctuation mark?

**PRAYER:** God is worthy to be sought - take time to pray together in your group.

## **SERMON SERIES: “Fearfully & Wonderfully Made”**

In this sermon series we explore how to **follow Jesus** in the way we were designed. Because... **you are not a mistake (Psalm 139:24)!** The *Enneagram Assessment* is a spiritual formation tool that can help us understand ourselves and others, in order that we may **increasingly love God and others (Mark 12:28-31)**.

When we know **who we are**— our heart’s motives and needs— we can see God’s grace, love and purpose for us (to become like Jesus - **Romans 8:29**) through the Gospel, which has the power to transform. When we know **whose we are**, we follow Jesus with the perspective that we are God’s most cherished and beloved children, sustained and transformed by God because of Christ’s sacrifice on our behalf.

## **EXPLORING TOGETHER**

There is value in sharing perspectives about the weekend message in community. With dialogue around God’s truths, perspective broadens and impacts transformation.

1. What is something from this weekend’s message that stood out to you?

## **TAKING IT HOME**

We are not meant to just let life happen to us, *conforming* rather than *transforming* (**Romans 12:1-2**). We can choose to allow God’s transforming power into our life.

We all bear the image of God within us, and depending on your type that image manifests in different ways. However, we can find parts of ourselves in other personality types. **Type 5’s** bear the image of God as **wise**.

2. Read **Luke 1:1-4** and **Acts 17:10-12**. How were Luke and the Bereans like Type 5?

3. Type 5’s want to make sense of the world. Based on what we heard this weekend, what would help a Type 5 reconcile with God’s mystery (See also **Corinthians 2:16**, **Colossians 2:2-3** and **James 1:5-6**)?

Type 5's have a very active mental life, whereas their emotional life can be very private. It is helpful to remember that our true selves emerge from union with God, overflowing onto others.

4. Read **James 3:17**. How does union with God help us move from the withdrawing edges of our personality toward engagement and connection?
5. Read **Psalms 118:6-7**. How does this passage speak into some of 5's fears?

When Type 5's are present to God, they detach from addiction to safety in order to belong to something greater than themselves. 5's reveal that true wisdom knows how to relax, generously teach, and give presence, energy and love to others.

### **WEEKLY REFLECTION**

At Cold Springs we define a disciple of Jesus as *someone who follows Jesus in an ever deepening relationship of love and helps others do the same*. We seek to live out of the overflow of a Jesus-trusting life, BEING restored and strengthened.

6. What resonated with you personally from this weekend's message? In what way do you relate to Type 5's?
7. What is challenging about interacting with Type 5's? What can a person do to give 5's more space and meaningful conversations?

**Ephesians 4:21-24**. During this series Pastor David talks about *our transformation* as the hope of the Gospel. We can thrive as "fearfully and wonderfully made" beings.

8. As you increasingly understand the uniqueness with which you are made, what *blind spots* or *new perspectives* have you discovered?

Remember the **Johari window**- everyone has blind spots. We come to see our blind spots through courageous self-examination and courageous invitations to others to lovingly speak truthfully to us

The Ephesians passage clearly delineates 3 steps to following Jesus:

***Put off your old self (Repent).***

***Be renewed (Turn to God).***

***Put on your new self (Live differently - Do good).***

Each week reflect on the following:

***What do I need to put off?***

***What does it mean for me to turn to God?***

***What is the resulting new self (action/living)?***