

- Let It Go. Really. -

The Power To Change (*Ephesians 4:20-24, ESV*)

- The Power To Change starts with new knowledge, new awareness, new wisdom.
- The Power To Change requires me to **recognize** my thinking, feeling, acting and being as it really is.
- The Power to Change can't be unleashed until we **acknowledge** how who we are is affecting our life and impacting others.

It's Not "Stop It!" It's "Let It Go."

- The Human Condition

Let It Go. (*Ephesians 4:22, ESV*)

- Take it off...

Let It Go = Repent

- *Mark 1:12-15, ESV*
- *Luke 3:8, ESV*
- *Acts 26:20, ESV*

The Power To Change Requires Surrender

- You Have To Let Go...To Go Forward
- Surrender Is Emptying Your Hand So Jesus Can Take It

An Assignment:

Think about your life...

-What have you had to let go of to get where you are now?

-What is hard for you to let go of?

-What do you need from God to release the past?

Invite Jesus into your life...

-As it is

-Where you are

-As you are