

THE POWER TO

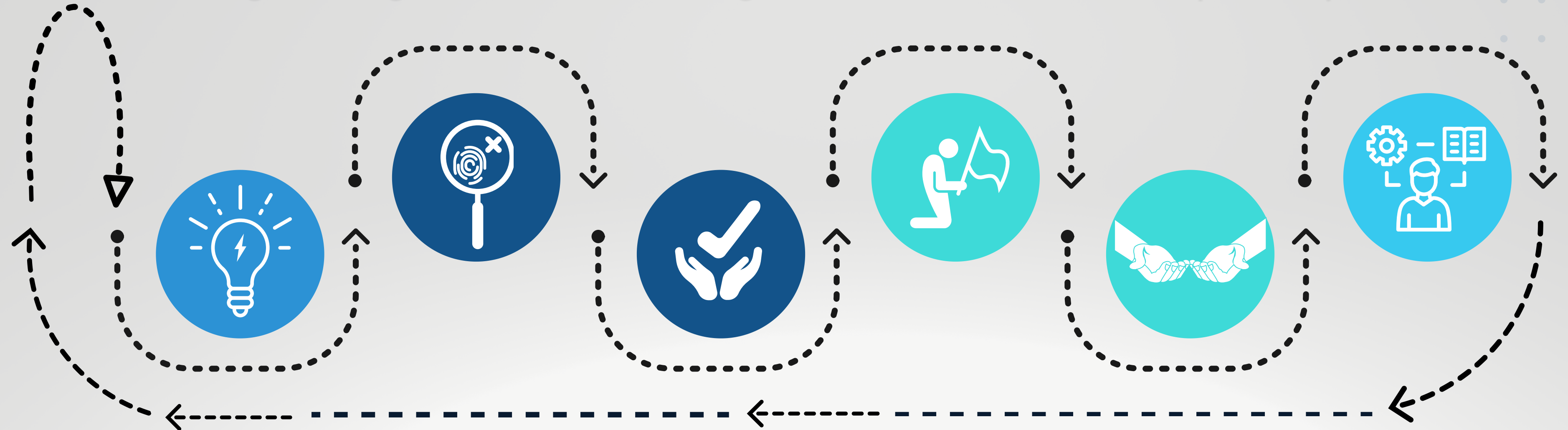


*Change*



# RENEWAL JOURNEY

the biblical path of transformation is one of *knowing - recognition - acknowledgement - surrender - reception - practice.*



## KNOW

We *know* who we are and how we tend to show up in our thinking, feelings, actions and being through knowledge shared by others.

## RECOGNIZE

We *recognize* the shadow and all of the subtle ways it shows up. This is a life-long journey.

## ACKNOWLEDGE

We *acknowledge* the reality of its impact on us and others.

## SURRENDER

We *surrender* to the Spirit of God by intentionally inviting the presence of Jesus into the shadow, not trying to "be acceptable" first.

## RECEIVE

We *receive* the provision of the Spirit's strength, truth and wisdom to move us away from the shadow and into the light of Christ.

## PRACTICE

We *practice* intentional ways of thinking and doing that will lead us to not react, but rather to *respond* to our emotions as information about the state of our being.

A butterfly with yellow and black wings is perched on a green stem. A caterpillar is visible on the stem to the left. The background is a soft, light green gradient.

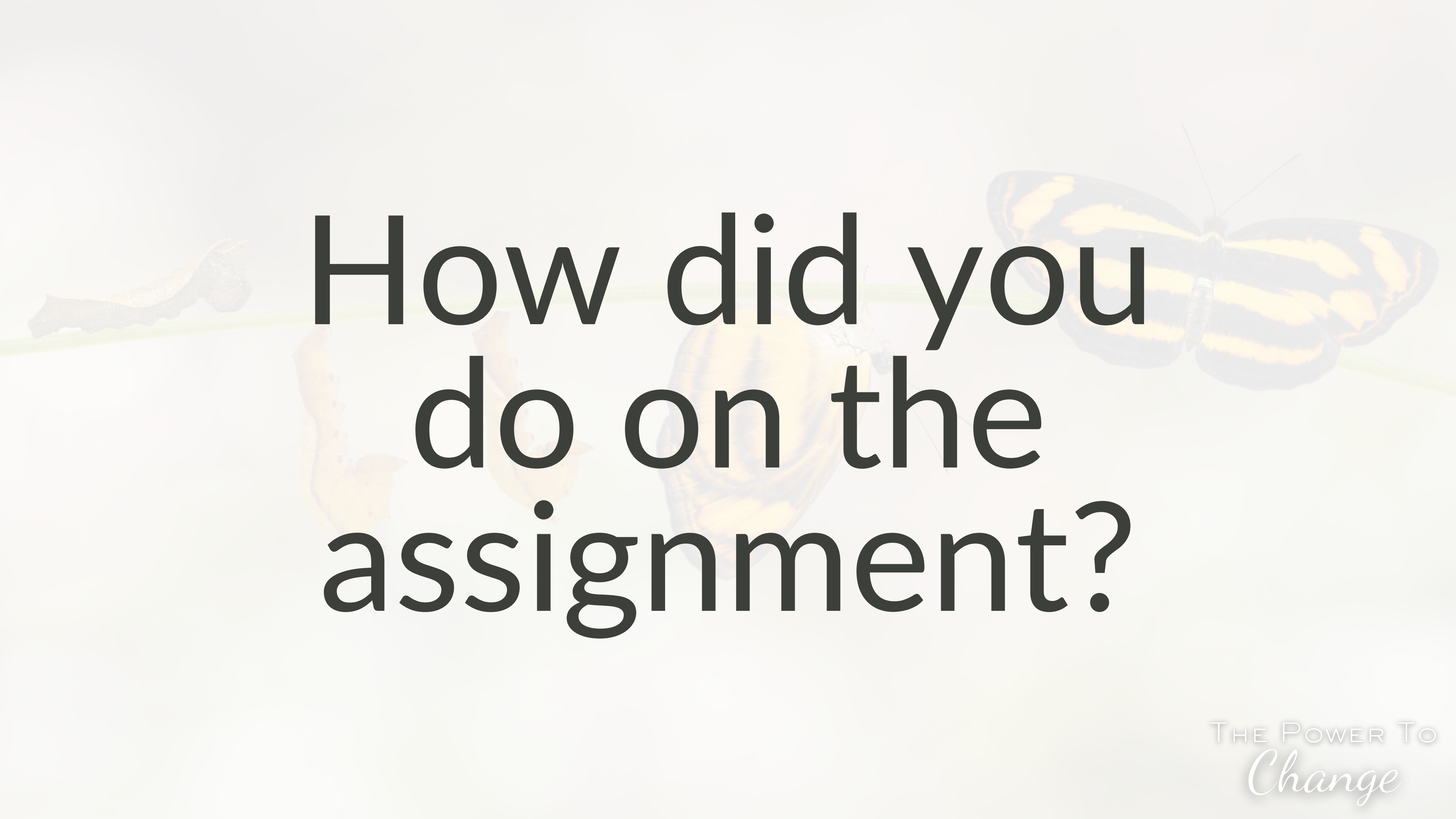
There Are Some  
Thing(s) You  
Need To Know...

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A faint background image of a butterfly and a caterpillar on a green stem. The butterfly is on the right, and the caterpillar is on the left. The text is overlaid on this image.

The Power to Change  
starts with  
new *knowledge*,  
new *awareness*,  
new *wisdom*.

A faint, light-colored illustration of a butterfly life cycle is visible in the background. It shows a caterpillar on the left, a chrysalis in the center, and a butterfly on the right, all perched on a green stem. The text is overlaid on this illustration.

How did you  
do on the  
assignment?





Find someone who...

Loves you.

Loves God.

Loves your family.

A butterfly with orange and black wings is perched on a green stem. The butterfly is the central focus, with its wings spread. The background is a soft, light green gradient.

How do you  
experience me?

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# What You Lookin' At?!

*Ephesians 4:17-19, ESV*

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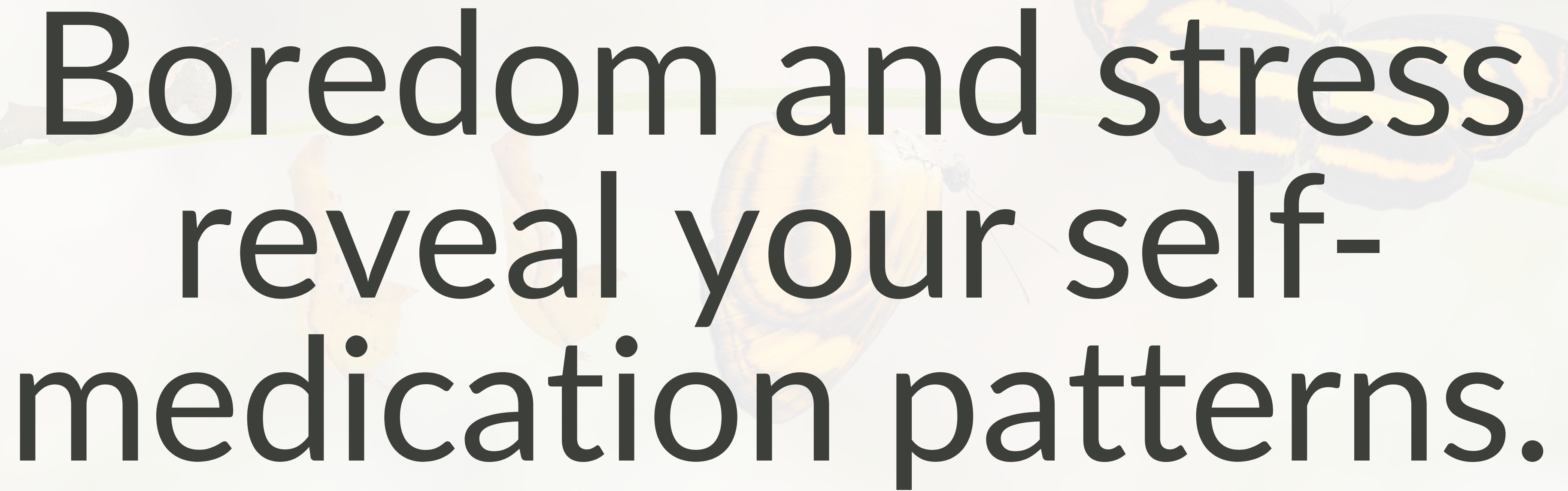


# Ignorance Is...

# Death

*2 Samuel 11:1*

*James 4:1-3*

The background of the slide features a soft-focus image of several butterflies with yellow and black wings perched on a green stem. The butterflies are semi-transparent, allowing the text to be clearly visible over them.

Boredom and stress  
reveal your self-  
medication patterns.



# -*Desire*



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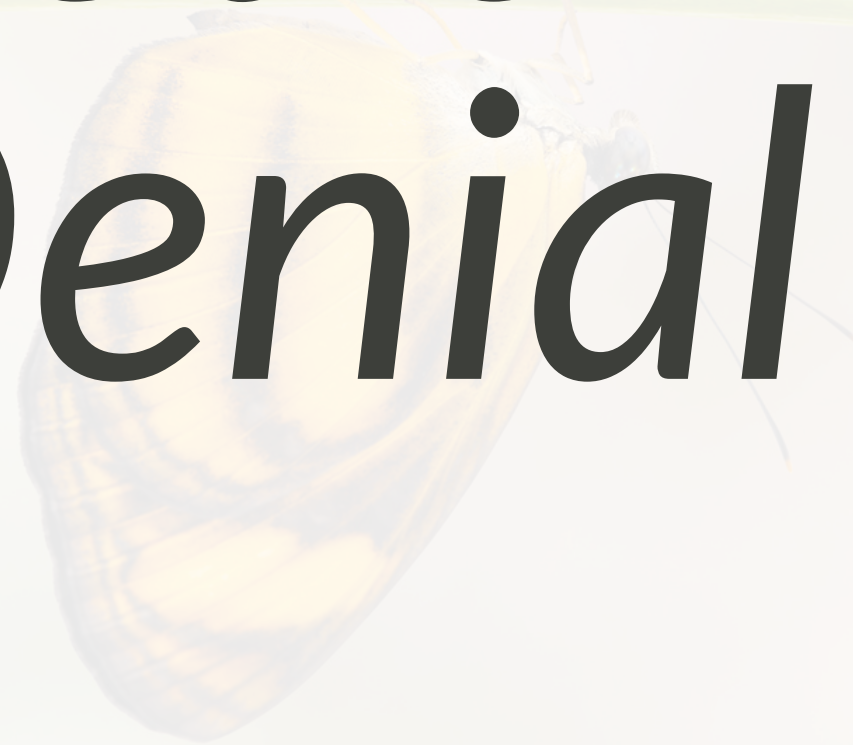
*-Desire*  
*-Action*



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*-Desire*  
*-Action*  
*-Denial*



*-Desire*  
*-Action*  
*-Denial*  
*-Hiding*





- *Desire*
- *Action*
- *Denial*
- *Hiding*
- *Covering Up*

The background features a soft-focus image of a green stem with several caterpillars and a butterfly. One butterfly is prominently visible on the right side, with orange and black wings. The caterpillars are in various stages of growth, some appearing as small green specks and others as larger, more developed larvae. The overall scene is set against a light, neutral background.

# My Favorite Question

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The background features a soft-focus image of several butterflies with yellow and black markings on their wings, perched on a green stem. The text is overlaid on this image in a large, bold, black sans-serif font.

“What do you  
know that you  
are choosing not  
to know?”

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*Change*





# The Ruthless Elimination of ~~Hurry~~

**A 5-Day Reading Plan from  
John Mark Comer**

“Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things.”

*1 Corinthians 13:4-7*

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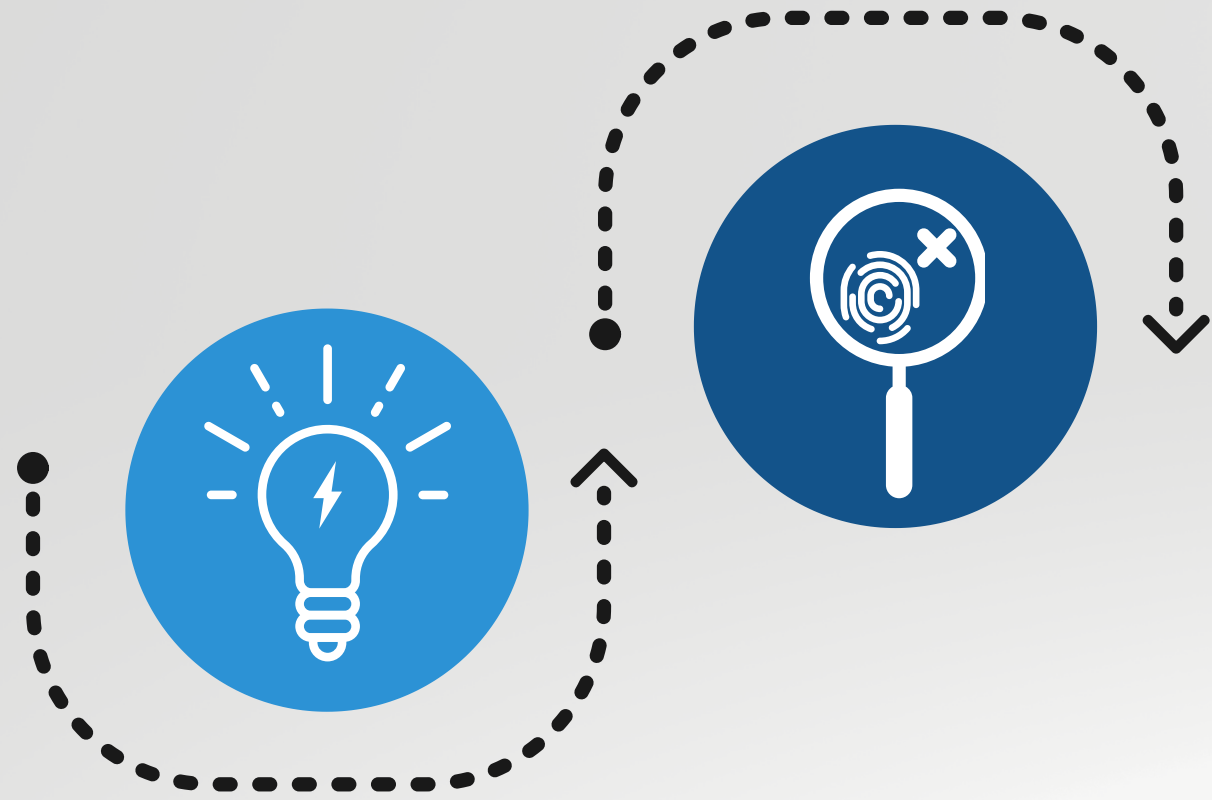
# RENEWAL JOURNEY



## KNOW

We *know* who we are and how we tend to show up in our thinking, feelings, actions and being through knowledge shared by others.

# RENEWAL JOURNEY



## RECOGNIZE

We *recognize* the shadow and all of the subtle ways it shows up. This is a life-long journey.

*2 Samuel 12:5-6; 2 Samuel 12:7; Matthew 7:1-6*

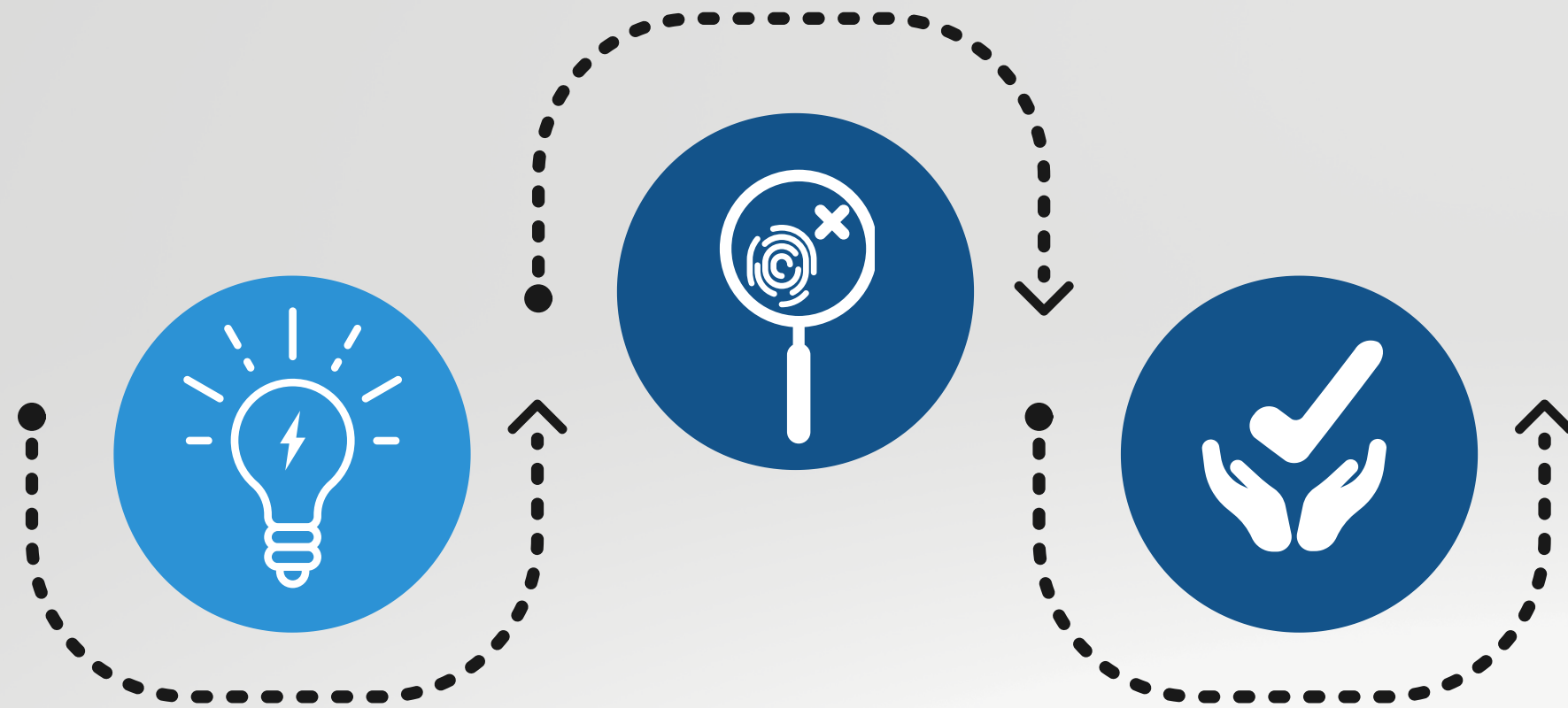


Then David's anger was greatly kindled against the man, and he said to Nathan, "As the Lord lives, the man who has done this deserves to die, and he shall restore the lamb fourfold, because he did this thing, and because he had no pity."

*2 Samuel 12:5-6*

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# RENEWAL JOURNEY

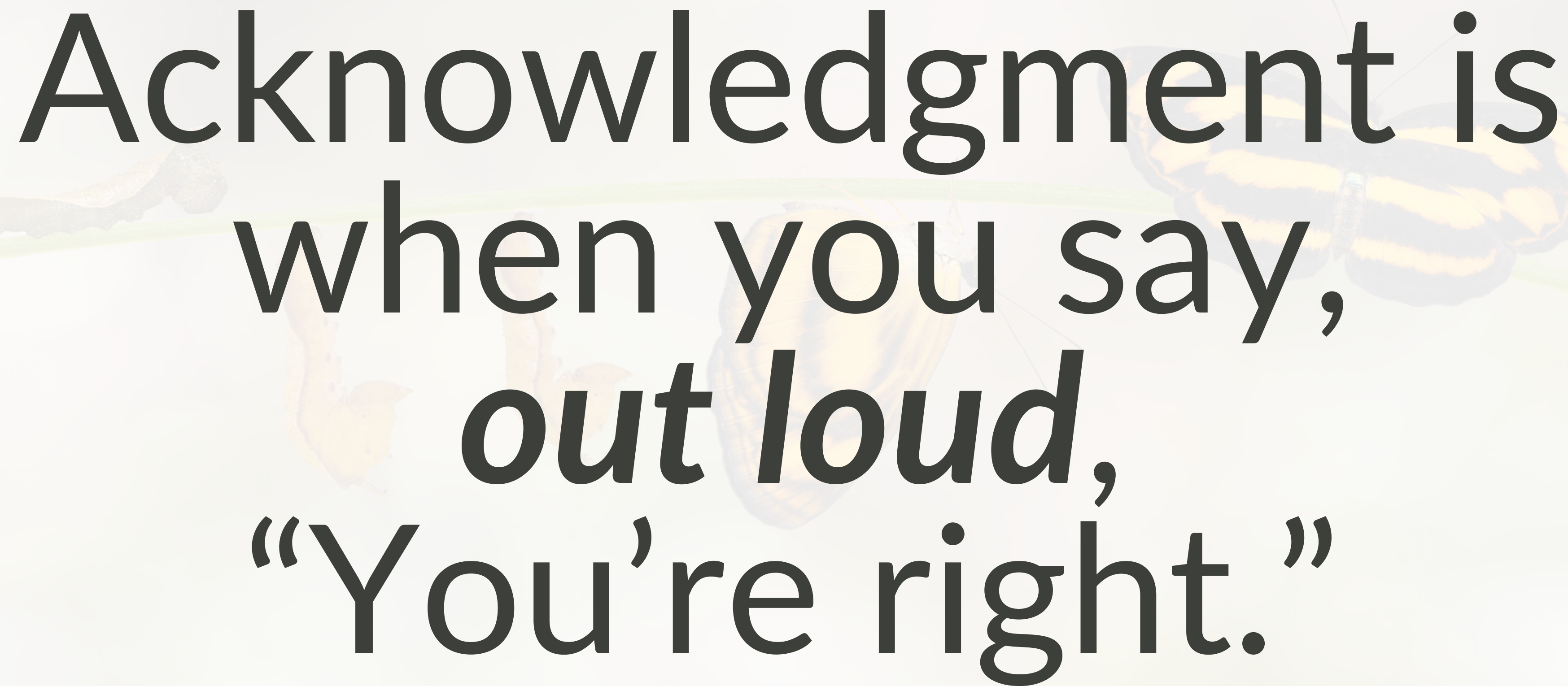


## ACKNOWLEDGE

We *acknowledge* the reality of its impact on us and others.

*Psalm 51:1-4; James 5:16*





Acknowledgment is  
when you say,  
*out loud,*  
“You’re right.”

Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

*James 5:16, ESV*





What Do You  
Know That You  
Are Choosing  
Not To Know?

# Stir the Spirit of God in Your Life

The background of the slide features a soft-focus image of several butterflies with yellow and black wings, resting on green grass. The butterflies are positioned behind the main text, creating a serene and naturalistic atmosphere.

*2 Peter 1:13, ESV*

*Hebrews 10:24, ESV*

*2 Timothy 1:6, ESV*



The background features a soft-focus image of a green stem with a caterpillar on the left and a butterfly on the right. The caterpillar is light brown with small dark spots. The butterfly has yellow wings with black stripes and markings. The overall scene is brightly lit and has a gentle, natural feel.

# Assignment

*Start noticing  
what you are...*

# Thinking



*My thinking is from my beliefs  
about myself, others and the  
circumstances I am in.*



# Feeling



*My emotions come  
from my beliefs.*

# Doing

A faint, light-colored illustration of a butterfly life cycle is visible in the background. It shows a caterpillar on the left, a chrysalis in the center, and a butterfly on the right, all perched on a thin green stem. The illustration is semi-transparent and serves as a decorative backdrop for the text.

*My actions are driven by my beliefs and my feelings.*

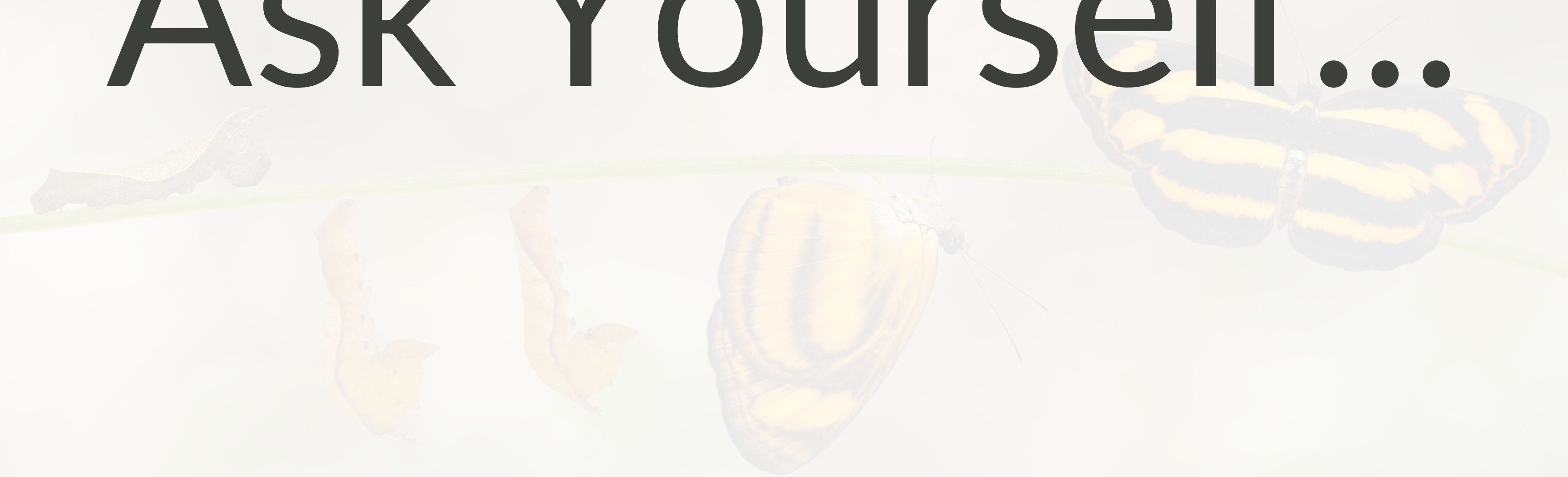


# Being



*The state of my soul  
reflects whether I am  
grasping for control or  
in a posture of surrender.*

# Ask Yourself...



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# Ask Yourself...

*-Where is that  
thought/feeling/action coming  
from?*

# Ask Yourself...

- *Where is that thought/feeling/action coming from?*
- *Is it true?*



# Ask Yourself...

- *Where is that thought/feeling/action coming from?*
- *Is it true?*
- *What is true?*

Holy Spirit, give me the courage and humility to know what is true about me and about you. Give me the strength to recognize and acknowledge the shadows of my life where I have not allowed your light to penetrate. I open myself to your truth. Reveal yourself to me - for in you I will find truth, freedom and life. Fill me up, Holy Spirit.  
Amen.