

The Power To

Change



# RENEWAL JOURNEY



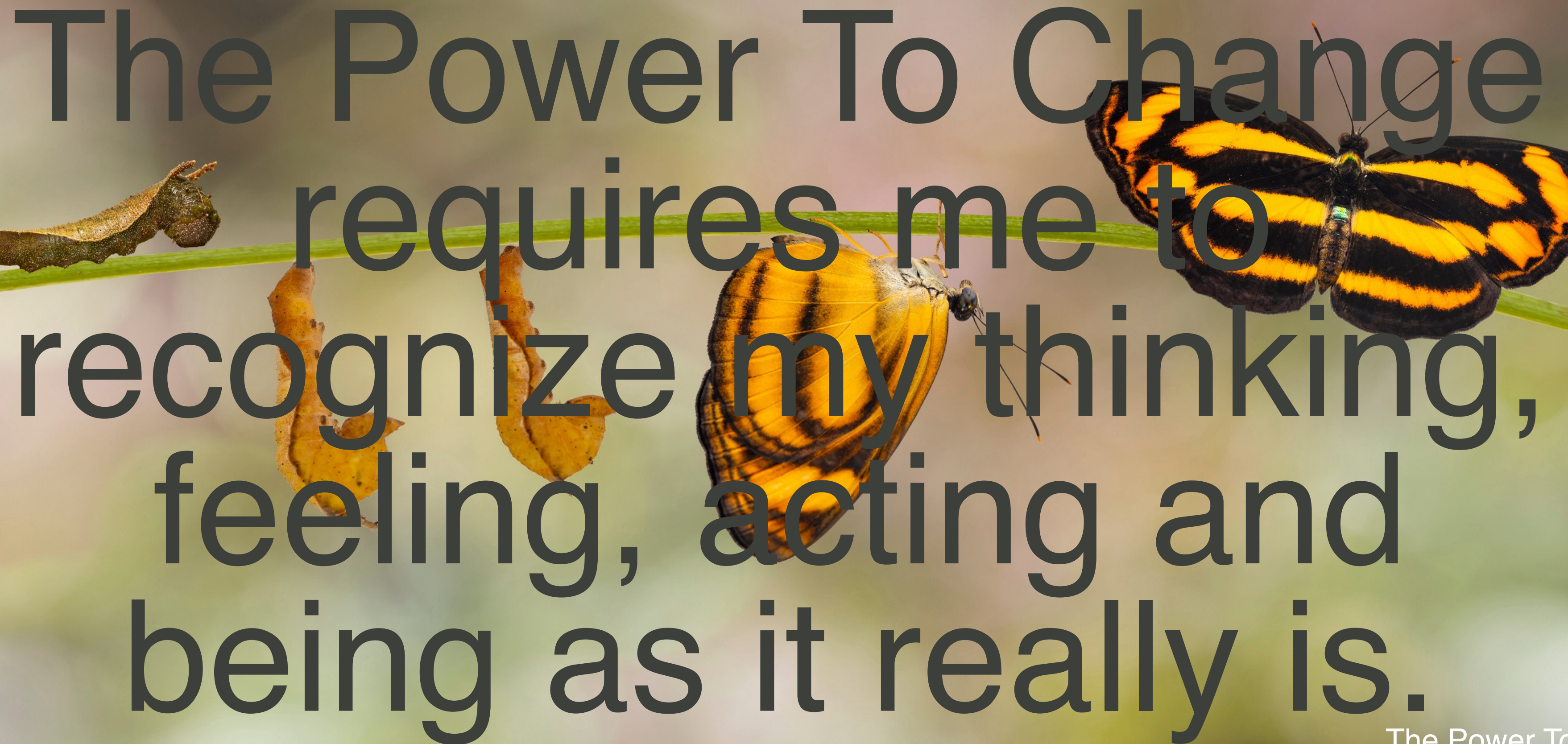
20 But that is not the way you learned Christ!— 21 assuming that you have heard about him and were taught in him, as the truth is in Jesus, 22 to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, 23 and to be renewed in the spirit of your minds, 24 and to put on the new self, created after the likeness of God in true righteousness and holiness.

- Ephesians 4:20-24, ESV




The Power to  
Change starts with  
new knowledge,  
new awareness,  
new wisdom.

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**Change**



The Power To Change  
requires me to  
recognize my thinking,  
feeling, acting and  
being as it really is.

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“The beginning of  
wisdom is to call  
something by its right  
name.”

-Chinese Proverb

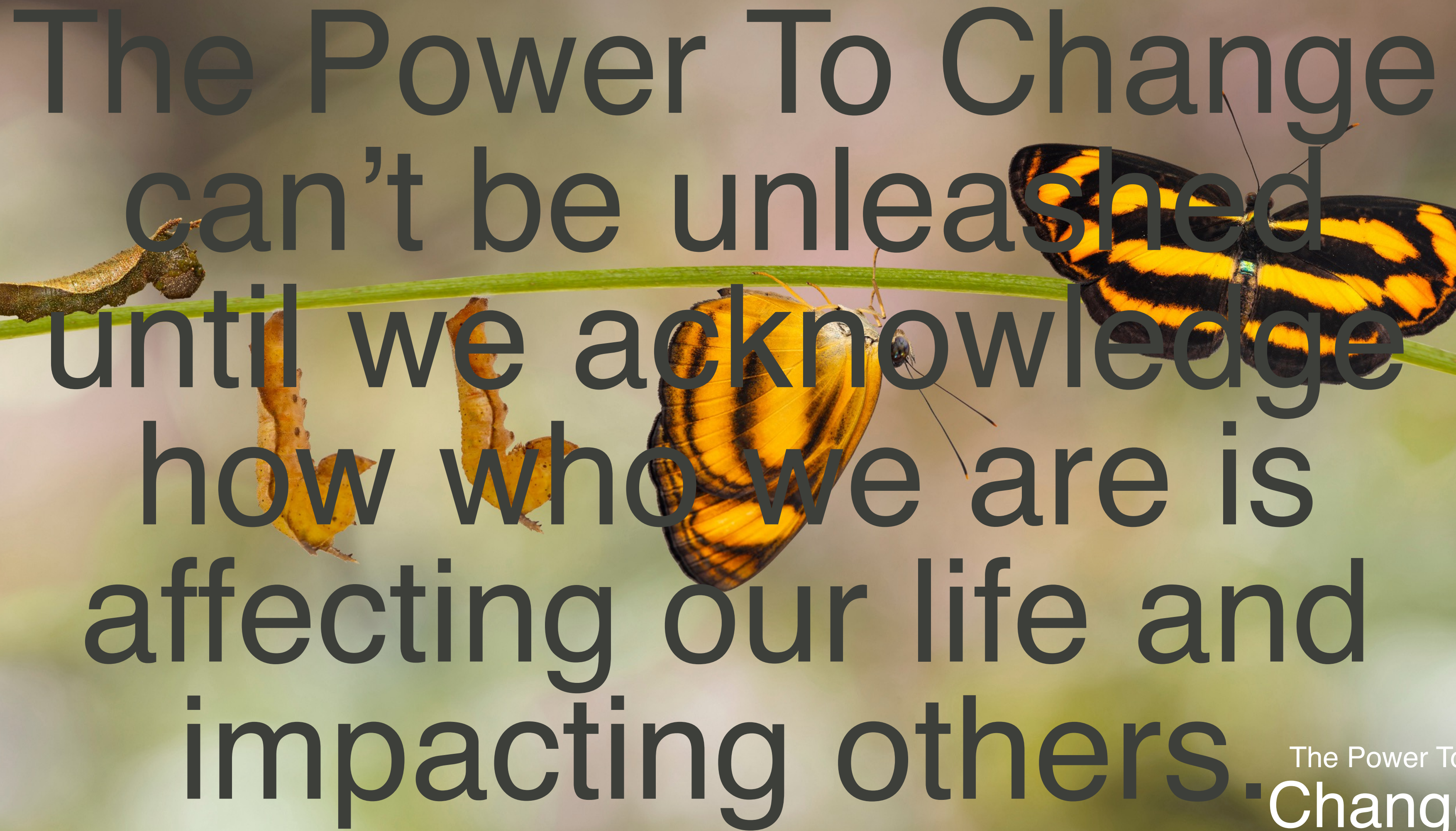
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# RENEWAL JOURNEY



## KNOW

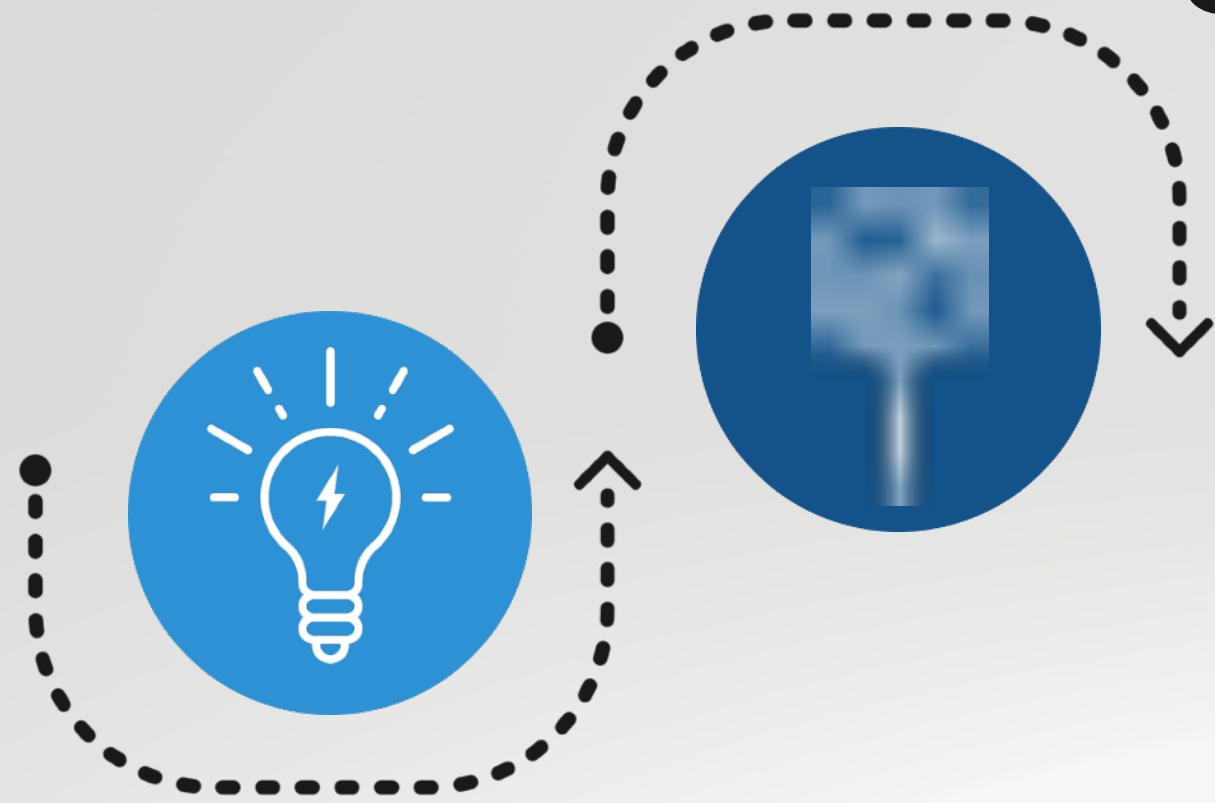
We **know** who we are and how we tend to show up in our thinking, feelings, actions and being through knowledge shared by others.

The background features a soft-focus green stem with several stages of a butterfly's life cycle. On the left, a brown, textured caterpillar is shown eating a piece of leaf. In the center, a yellow and black striped chrysalis hangs from the stem. On the right, a fully formed adult butterfly with black wings and bright yellow-orange stripes is perched on the stem. The text is overlaid in a large, dark grey, sans-serif font, reading: "The Power To Change can't be unleashed until we acknowledge how who we are is affecting our life and impacting others."

The Power To Change  
can't be unleashed  
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The Power To  
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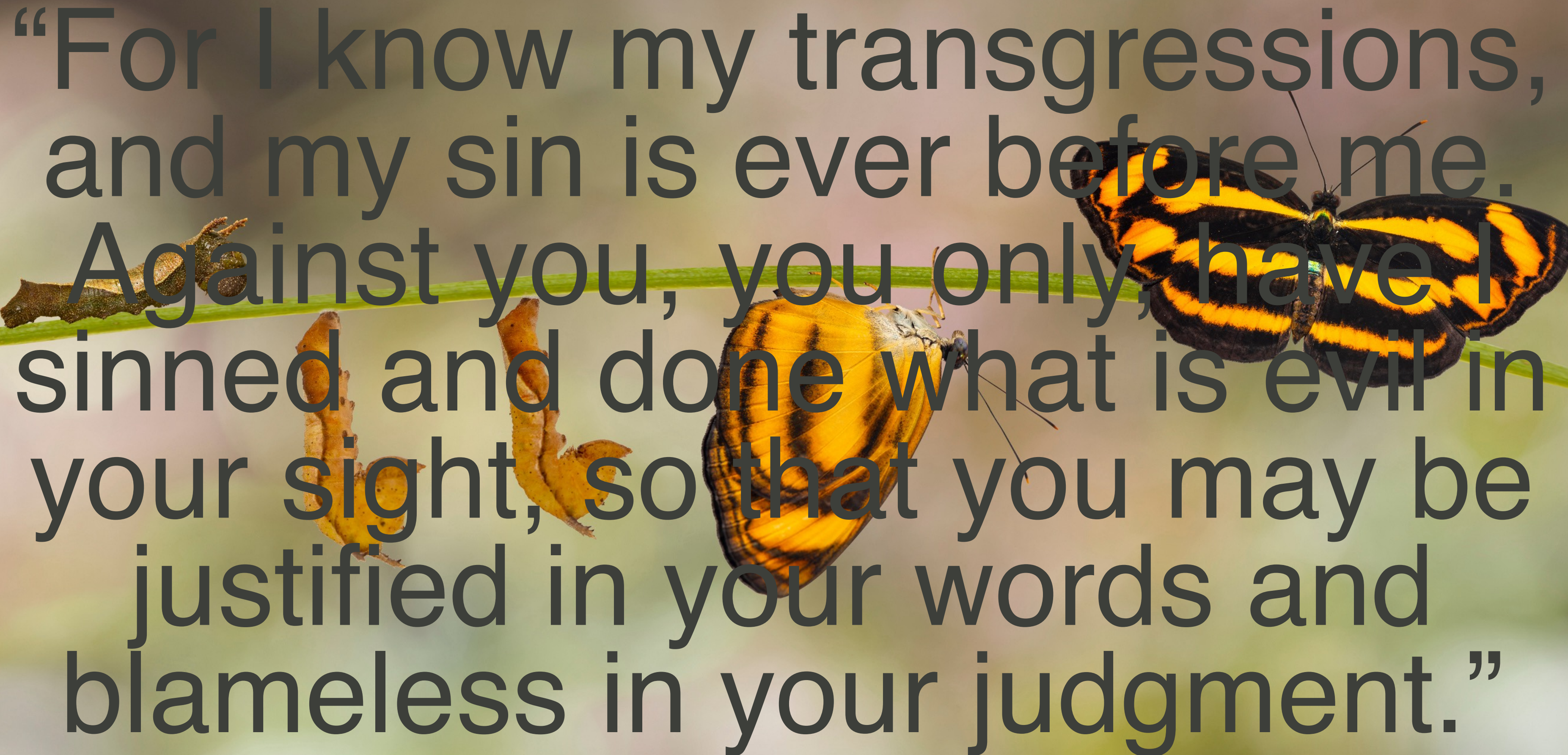
# RENEWAL JOURNEY



## RECOGNIZ

We recognize the shadow and all of the subtle ways it shows up. This is a life-long journey.





“For I know my transgressions,  
and my sin is ever before me.  
Against you, you only, have I  
sinned and done what is evil in  
your sight, so that you may be  
justified in your words and  
blameless in your judgment.”

Psalm 51:3-4, ESV

The Power To  
**Change**

It's Not "Stop It!"

It's "Let It Go."

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Change



# The Human Condition

The Power To  
**Change**

-Meeting my needs through  
my means.



The Power To  
**Change**

-Meeting my needs through  
my means.

-EGO - Edging God Out



The Power To  
**Change**

-Meeting my needs through  
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-EGO - Edging God Out

-We're all self-serving



The Power To  
**Change**

-Meeting my needs through my means.

-EGO - Edging God Out

-We're all self-serving

-Left to our own devices, we will always do what is in our own best interests first.



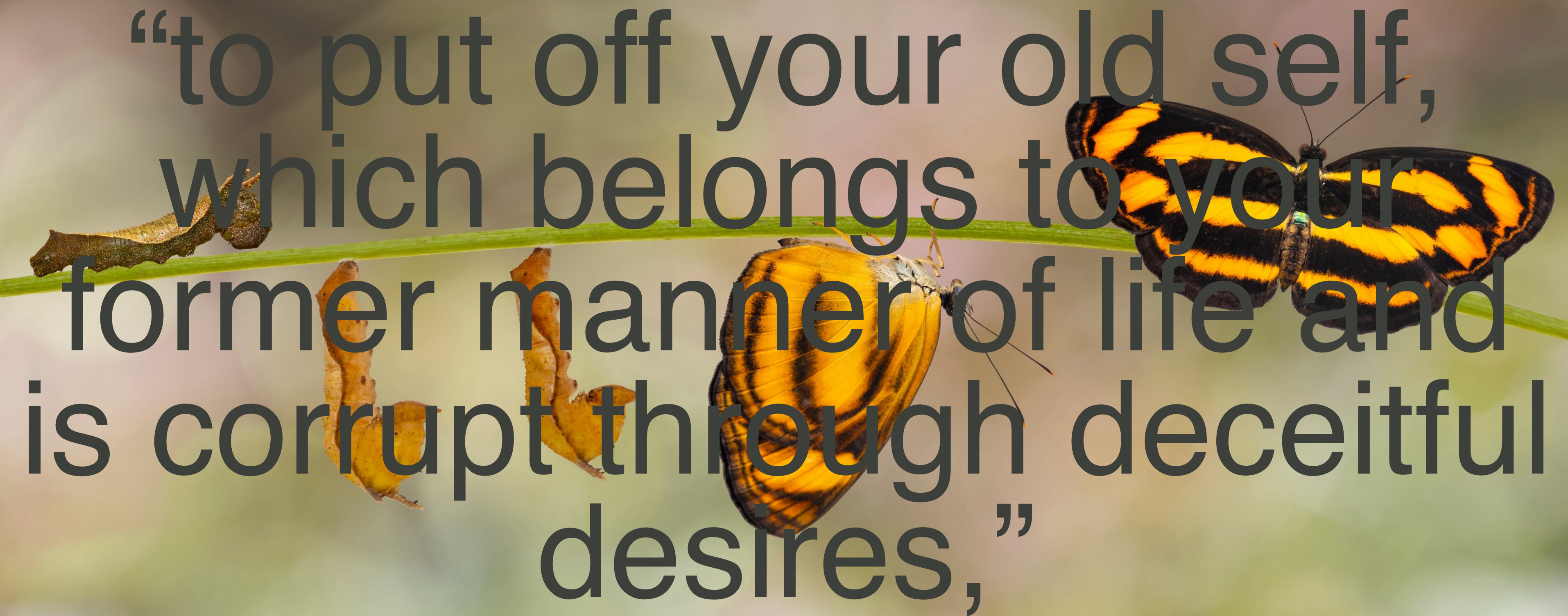
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Let It Go.

The Power To  
Change



A butterfly with black and yellow wings is perched on a green stem. To its left, a caterpillar is visible, along with several shed skins, illustrating the process of transformation.

“to put off your old self,  
which belongs to your  
former manner of life and  
is corrupt through deceitful  
desires,”

Ephesians 4:22, ESV

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Take It Off...

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Change

-It's not who you are  
anymore



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**Change**

-It's not who you are  
anymore

-It is destroying you



The Power To  
Change

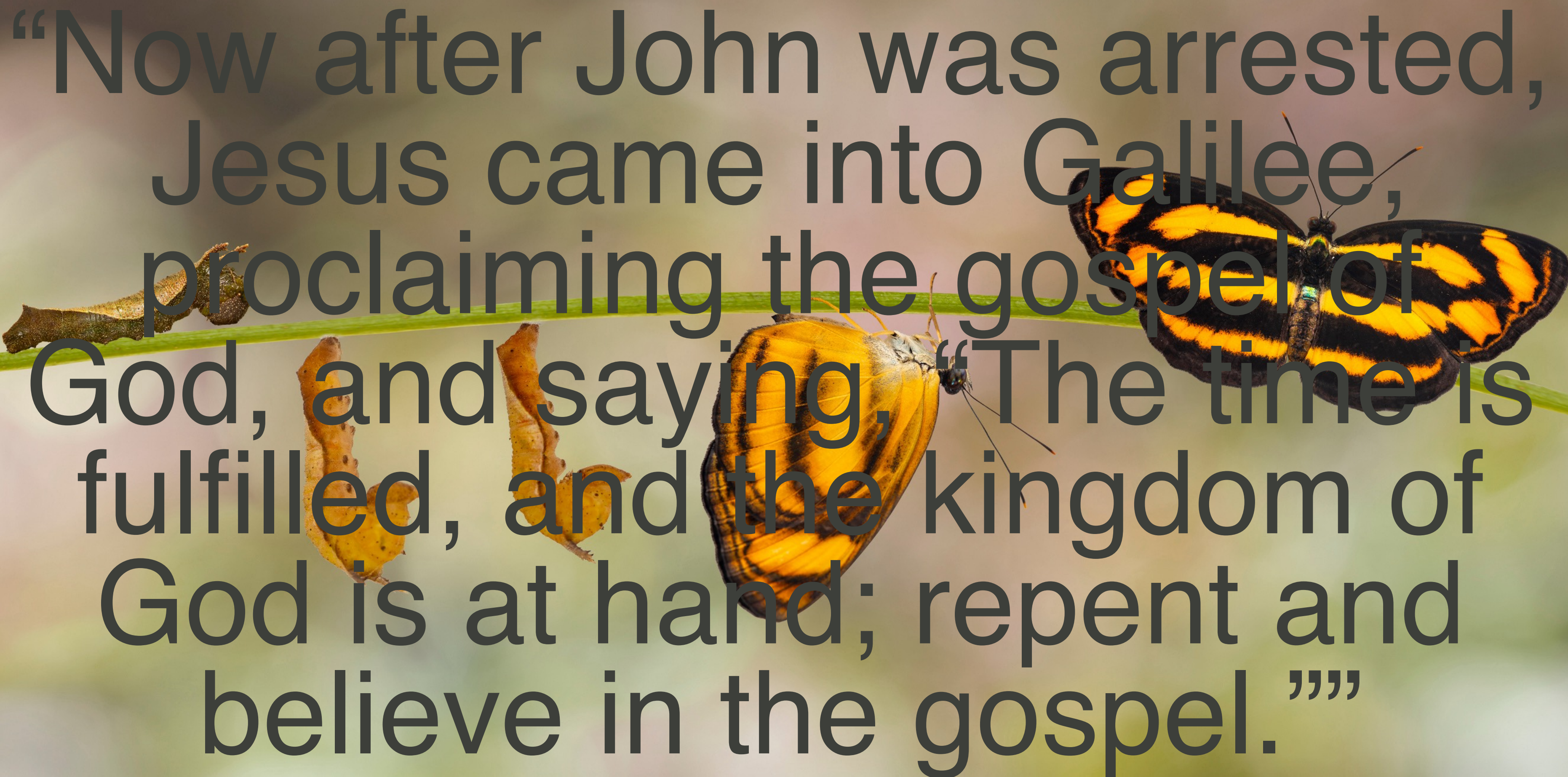
-It's not who you are  
anymore  
-It is destroying you  
-Because it is a  
deception





Let It Go = Repent

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A butterfly with black and yellow wings is perched on a green stem. A caterpillar is visible on the stem to the left of the butterfly. The background is a soft, out-of-focus green.

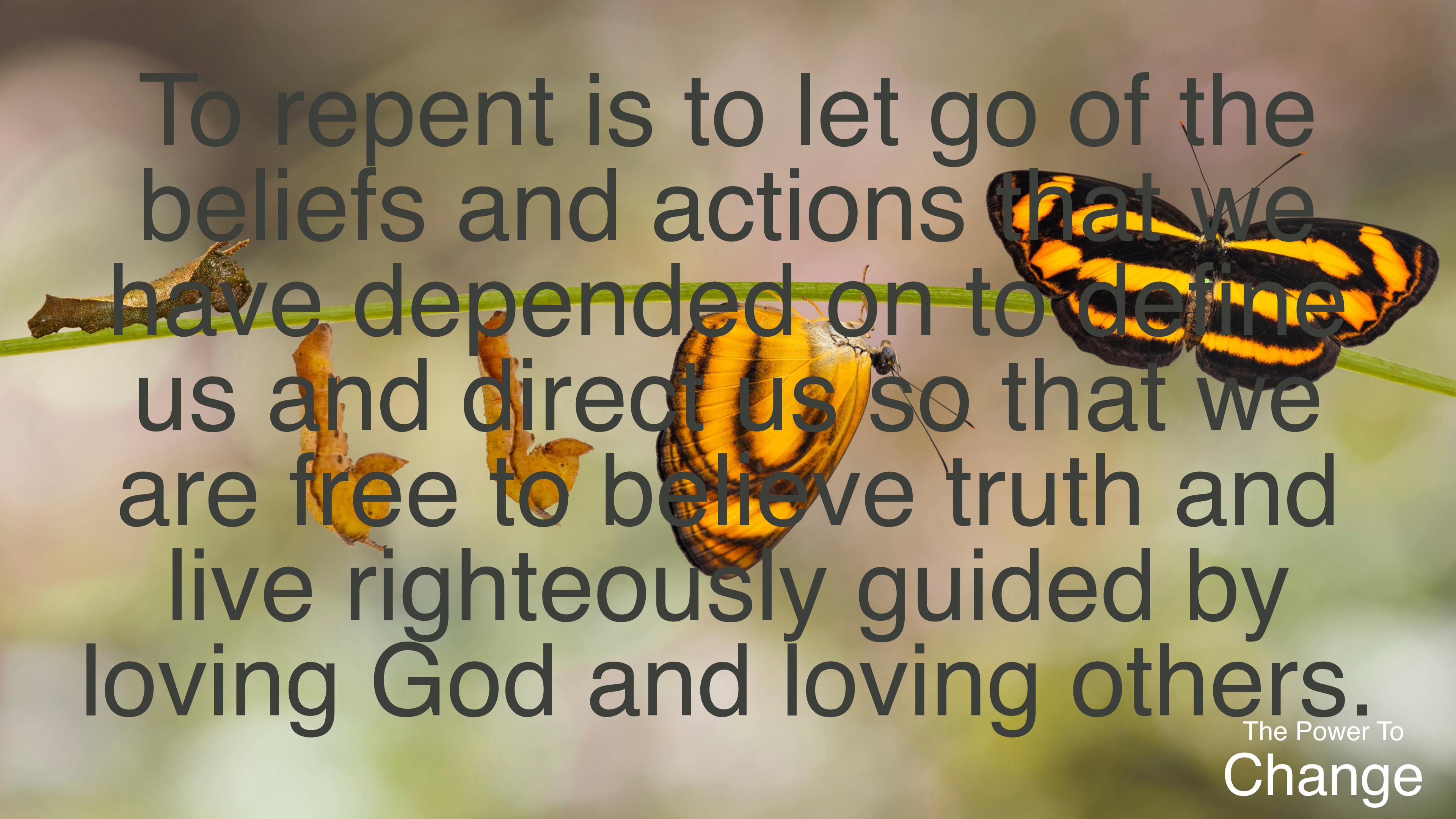
“Now after John was arrested,  
Jesus came into Galilee,  
proclaiming the gospel of  
God, and saying, “The time is  
fulfilled, and the kingdom of  
God is at hand; repent and  
believe in the gospel.””

Mark 1:14–15, ESV

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To repent is to let go of the beliefs and actions that we have depended on to define us and direct us so that we are free to believe truth and live righteously guided by loving God and loving others.

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“Bear fruits in keeping with repentance. And do not begin to say to yourselves, ‘We have Abraham as our father.’ For I tell you, God is able from these stones to raise up children for Abraham.”

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“but declared first to those in  
Damascus, then in Jerusalem  
and  
throughout all the region of  
Judea, and also to the  
Gentiles, that they should  
repent and turn to God,  
performing deeds in keeping

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The Power To

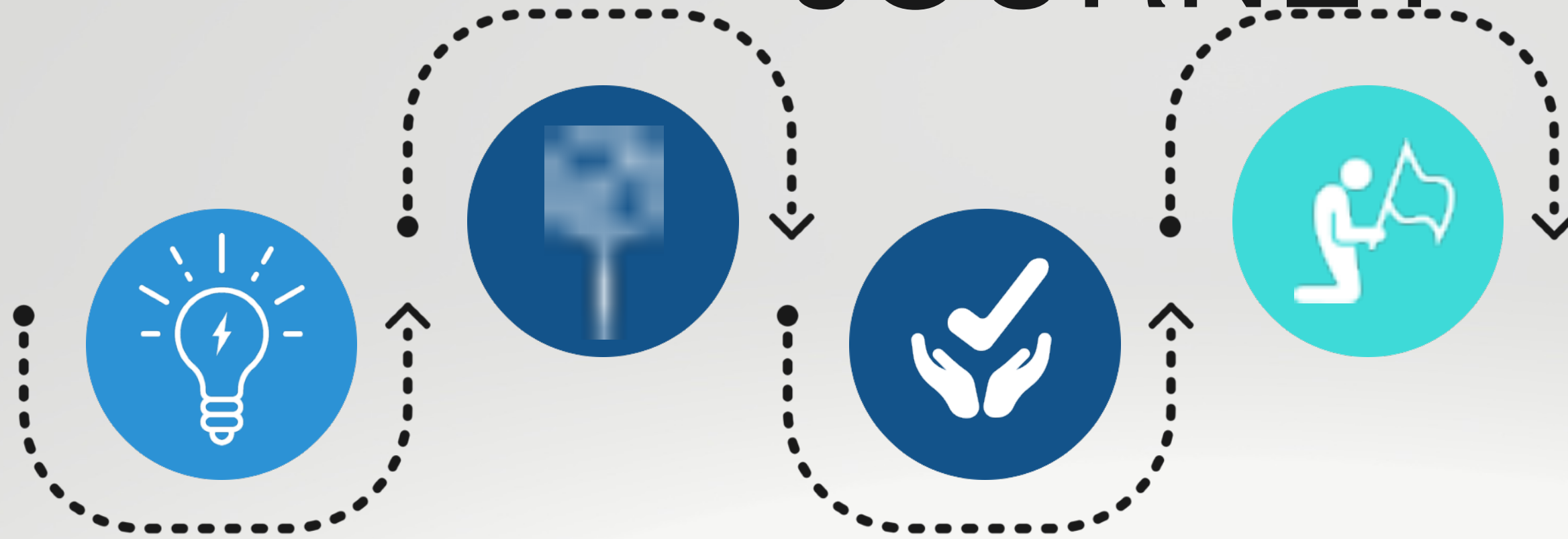
Change

Requires

Surrender

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# RENEWAL JOURNEY



## SURRENDER

We **surrender** to the Spirit of God by intentionally inviting the presence of Jesus into the shadow, not trying to “be acceptable” first.



You Have To Let

Go... To Go

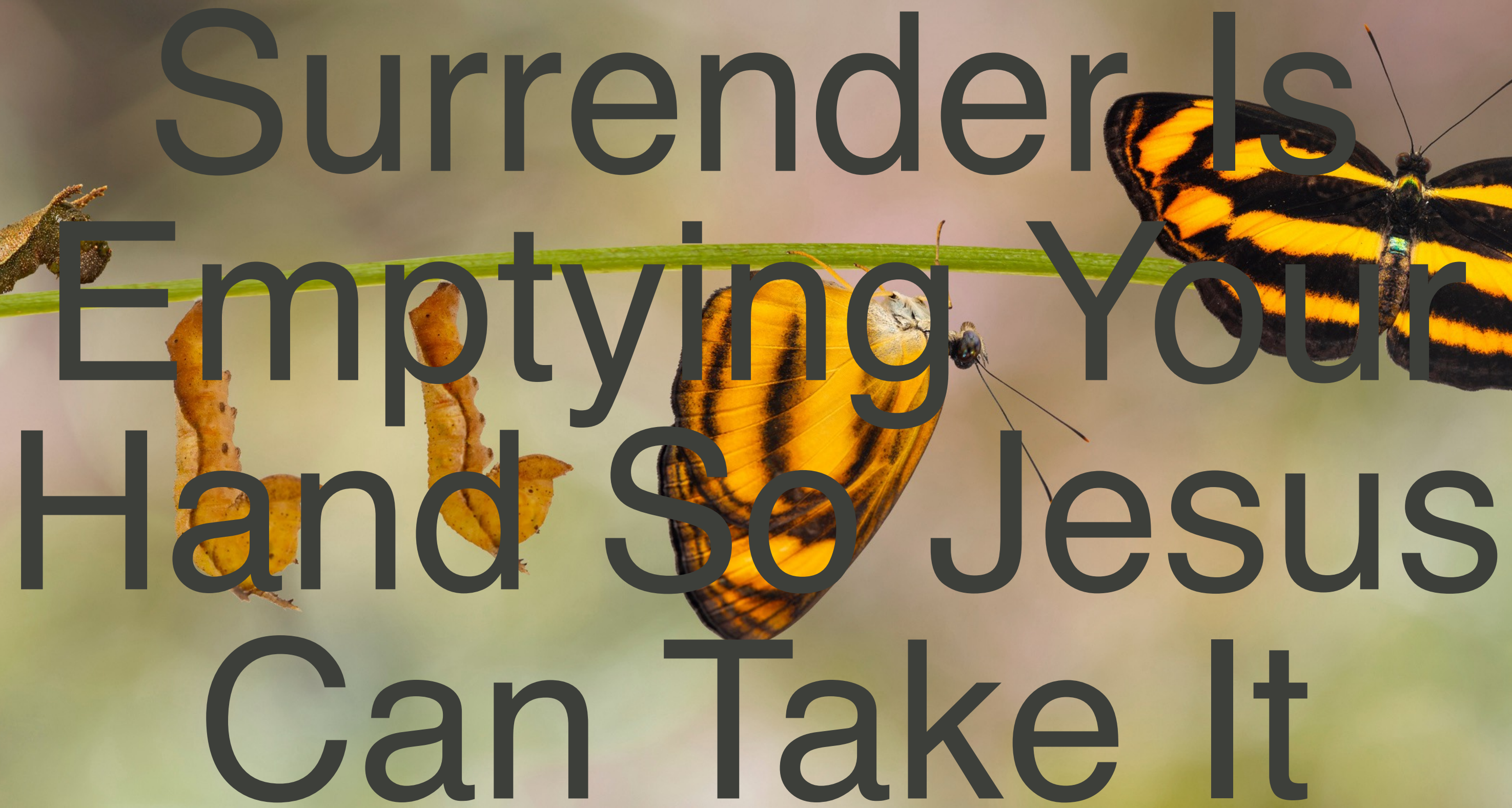
Forward

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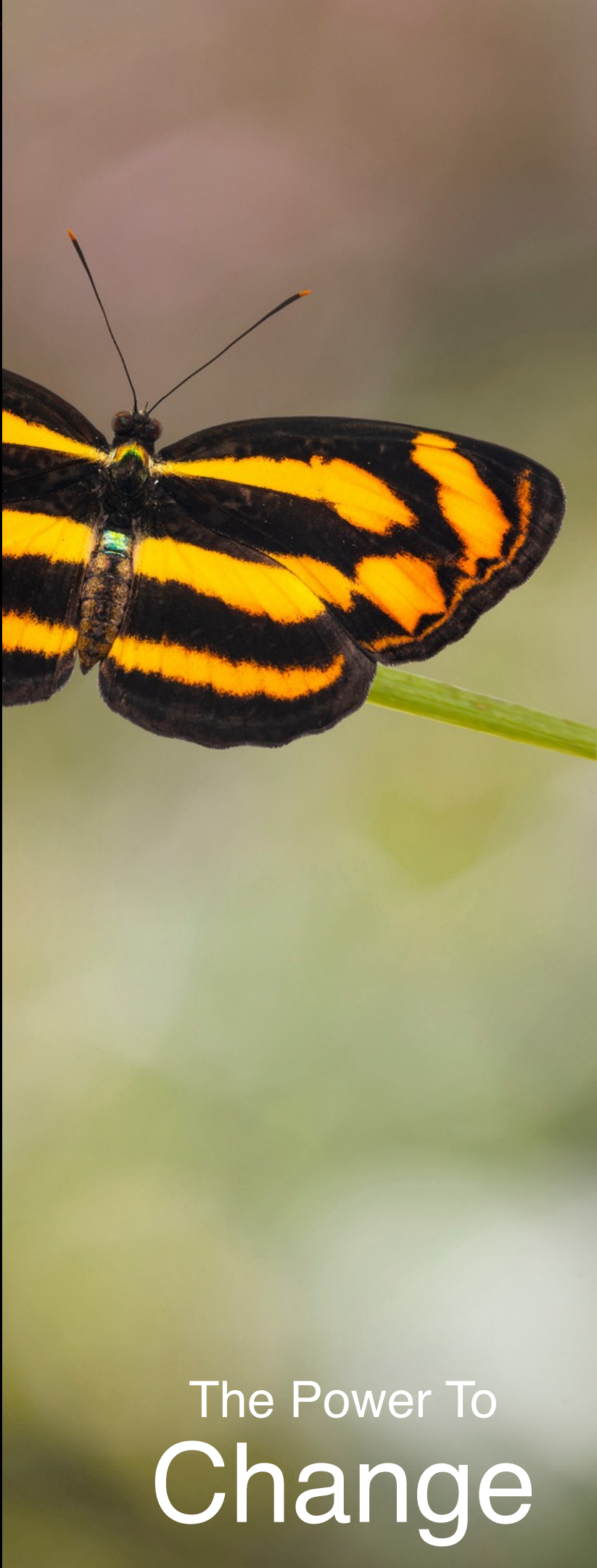
To Repent  
Requires Faith  
That God's Life Is  
Better.

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Surrender Is  
Emptying Your  
Hand So Jesus  
Can Take It

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Change



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# An Assignment

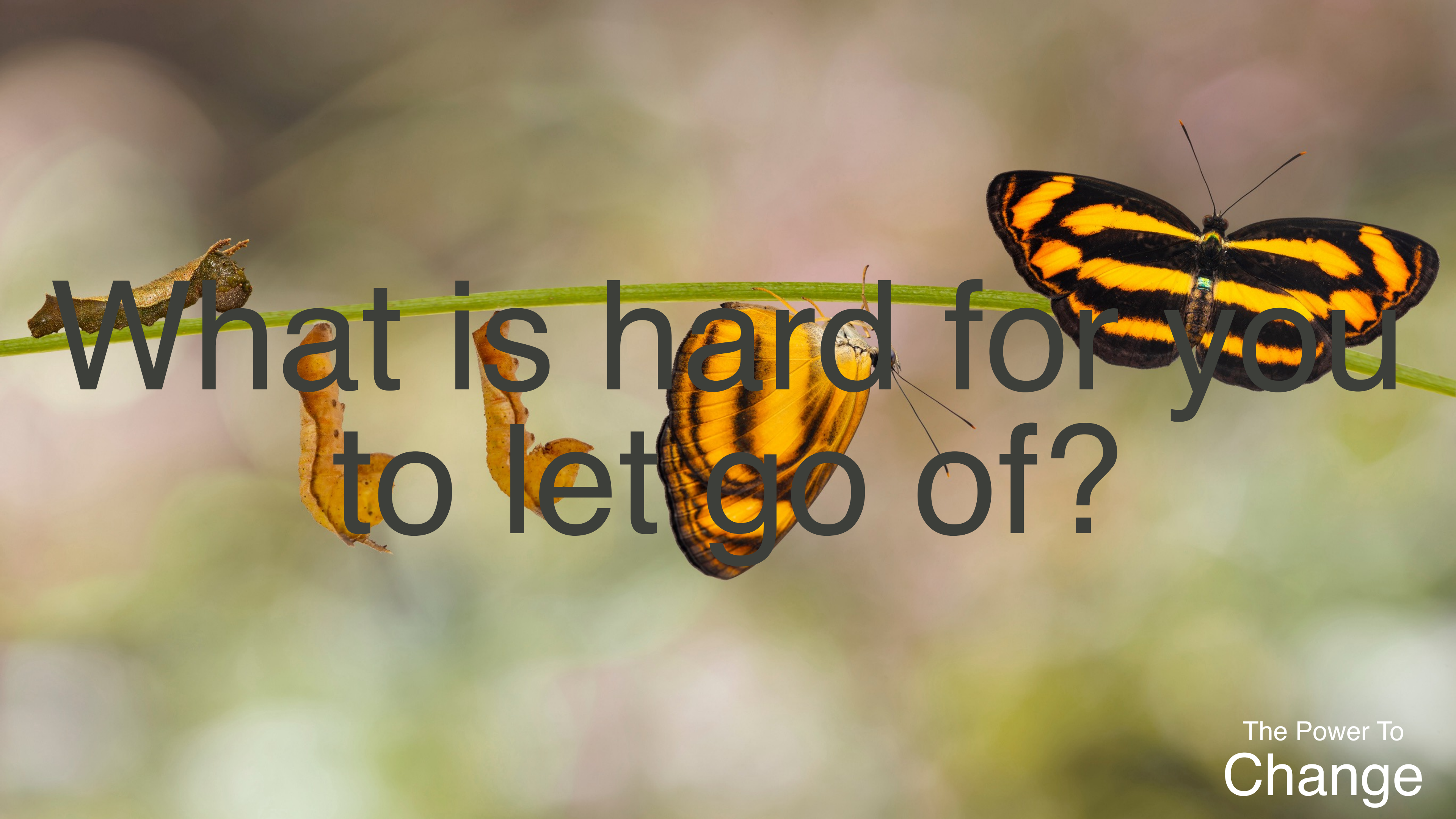
Think about your life...

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What have you had  
to let go of to get  
where you are now?

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What is hard for you  
to let go of?

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What do you need  
from God to release  
the past?

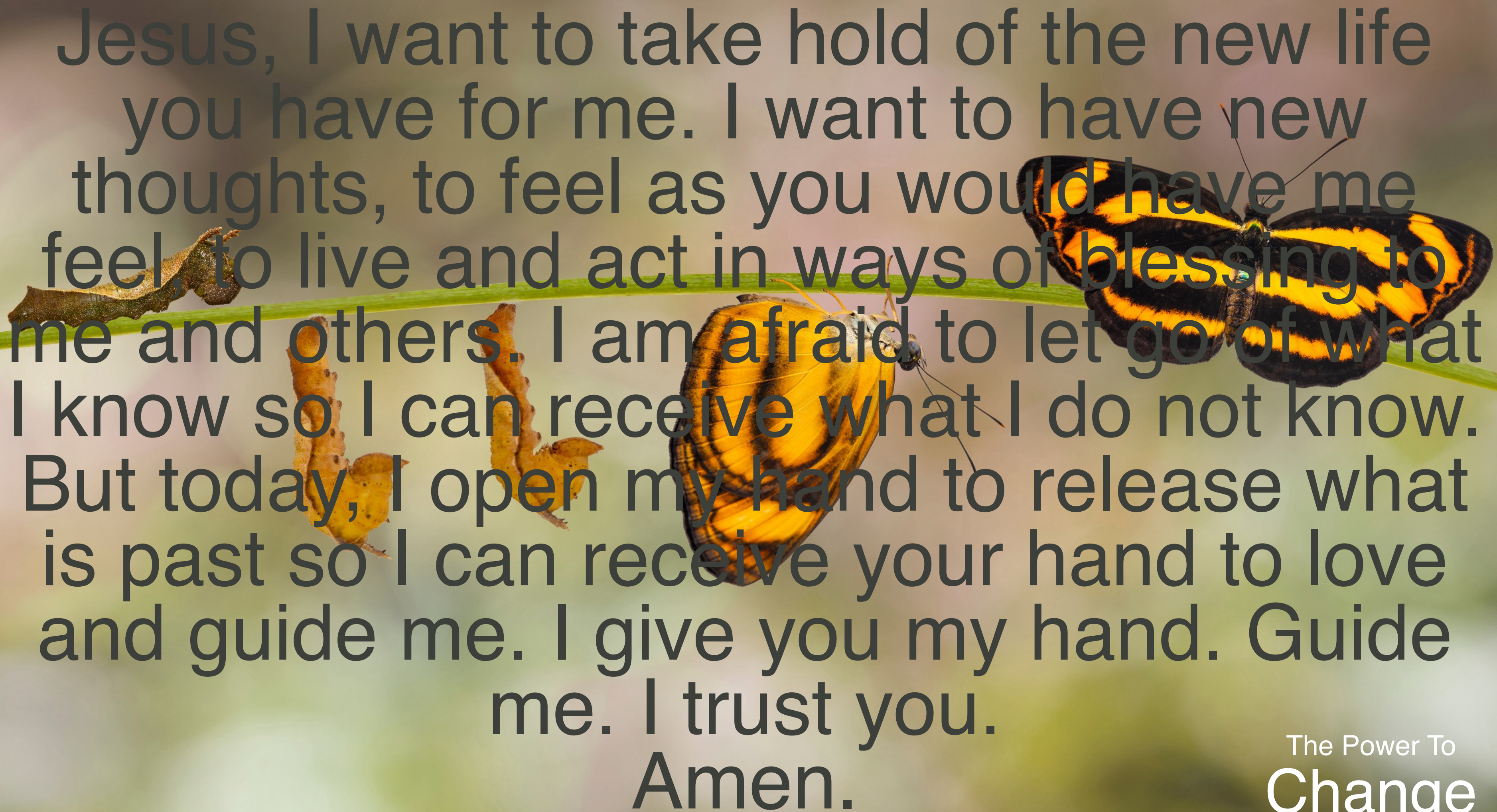
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# Invite Jesus Into Your Life

As it is.  
Where you are.  
As you are.

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**Change**

A photograph of a butterfly with vibrant orange and black wings perched on a green stem. A caterpillar is visible on the stem to the left of the butterfly. The background is a soft, out-of-focus green.

Jesus, I want to take hold of the new life you have for me. I want to have new thoughts, to feel as you would have me feel, to live and act in ways of blessing to me and others. I am afraid to let go of what I know so I can receive what I do not know. But today, I open my hand to release what is past so I can receive your hand to love and guide me. I give you my hand. Guide me. I trust you.  
Amen.

The Power To  
**Change**