



COLD SPRINGS CHURCH

“Restored. Strengthened. Transformed. By grace. With love. Through Jesus.”

Watch the Sermon: <https://www.coldspringschurch.net/sermons.html>

Apr 21: “We See What We Are Looking For (Don’t Ignore The Truth)”

(Ephesians 4:17-5:20)

ICE BREAKER

When has your memory of an occasion differed from someone else who was there?

ONE THING STUDY

1. Read this week’s key passage(s).
2. Pick One Thing (a word or phrase) that stands out.
3. Talk about it with someone.

QUESTIONS TO CONSIDER

1. We consider change as putting on the “new self in Christ.” We do this through the: *Word of God. Spirit of God. People of God. Creation of God.*
2. Which of the above areas has helped you grow recently? Which needs more focus?
3. Share your experience with the first assignment (see the following)...
Find someone who: Loves you. Loves God. Loves your family.
Ask them: a) “How do you experience me?” b) “What are my strengths, beauty and blindspots?” c) “What would make me a better person?”
4. Next Assignment: (share your expectations and prayer for it)
Start noticing what you are...

Thinking: My thinking is from my beliefs about myself, others and the circumstances I am in.

Feeling: My emotions come from my beliefs.

Doing: My actions are driven by my beliefs and my feelings.

Being: The state of my soul reflects whether I am grasping for control or in a posture of surrender.

Ask yourself: “Where is that thought/feeling/action coming from?”

“Is it true?” “What is true?”



PRAYER God is worthy to be sought - take time to pray together in your group.

Interested in Next Steps @ Cold Springs Church? Contact Pastor Esther: esther@coldspringschurch.net