COLD SPRINGS CHURCH

"Restored. Strengthened. Transformed. By grace. With love. Through Jesus."

Watch the Sermon: https://www.coldspringschurch.net/sermons.html

Apr 21: "We See What We Are Looking For (Don't Ignore The Truth)" (Ephesians 4:17-5:20)

ICE BREAKER

When has your memory of an occasion differed from someone else who was there?

ONE THING STUDY

- 1. Read this week's key passage(s).
- 2. Pick One Thing (a word or phrase) that stands out.
- 3. Talk about it with someone.

QUESTIONS TO CONSIDER

- 1. We consider change as putting on the "new self in Christ." We do this through the: Word of God. Spirit of God. People of God. Creation of God.
- 2. Which of the above areas has helped you grow recently? Which needs more focus?
- 3. Share your experience with the first assignment (see the following)...

Find someone who: Loves you. Loves God. Loves your family.

Ask them: a) "How do you experience me?" b) "What are my strengths, beauty and blindspots?" c) "What would make me a better person?"

4. Next Assignment: (share your expectations and prayer for it) Start noticing what you are...

<u>Thinking</u>: My thinking is from my beliefs about myself, others and the circumstances I am in.

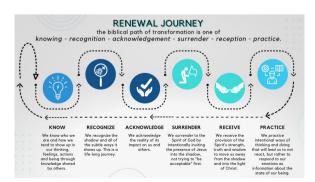
Feeling: My emotions come from my beliefs.

Doing: My actions are driven by my beliefs and my feelings.

<u>Being</u>: The state of my soul reflects whether I am grasping for control or in a posture of surrender.

Ask yourself: "Where is that thought/feeling/action coming from?"

"Is it true?" "What is true?"



PRAYER God is worthy to be sought - take time to pray together in your group.

Interested in **Next Steps** @ Cold Springs Church? Contact Pastor Esther: esther@coldspringschurch.net