

## COLD SPRINGS CHURCH

*“Restored. Strengthened. Transformed. By grace. With love. Through Jesus.”*

Watch the Sermon: [www.coldspringschurch.net/sermons](http://www.coldspringschurch.net/sermons)

### Pressing On To Know Jesus: In Humility (Phil 2)



### ICE BREAKER

How would you explain the concept of “humility?”

### ONE THING STUDY

1. Read this week’s key passage(s).
2. Pick One Thing (a word or phrase) that stands out to you.
3. Talk about it with someone in your life and/or your group.

### QUESTIONS TO CONSIDER

1. What stood out to you about the weekend message?
2. What convinces you that real joy is found in Jesus?
3. What does it look like for you to empty yourself these days?
4. How do you experience hope knowing that you have a great reward awaiting you?

*Press on to know Jesus — He is worth it!*

**PRAYER** God is worthy to be sought - take time to pray together in your group.

We can’t show up for everyone. Yet we can invest in one more person.  
Who has God placed in your life to *pray for*, *care for*, and *share with*? Your **One More**?

### RESOURCES



**LECTIO 365 APP** [24-7prayer.com/dailydevotional](http://24-7prayer.com/dailydevotional)

Helps you **pray the Bible & engage with Scripture** to inspire prayer and shape your life.

**YOU VERSION BIBLE APP** [bible.com](http://bible.com)

1,200+ Bible versions, also allows you to connect with friends to do **devotionals together**, sharing real-life insights and comments.



**THE BIBLE PROJECT** [thebibleproject.com](http://thebibleproject.com). **What is in the Bible and how to read it.**

Check it out at: <https://youtu.be/vFwNZNyDu9k>.



*Interested in **Next Steps** @ Cold Springs Church? Contact Pastor Esther: [esther@coldspringschurch.net](mailto:esther@coldspringschurch.net) or Pastor Steve: [steve@coldspringschurch.net](mailto:steve@coldspringschurch.net)*

## Pressing On to know Jesus: In Humility Philippians 2

Big Idea: Humility is essential to knowing Jesus.

Big Idea Question: How can we live in humility?

I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus. -Philippians 3:14

### **Commit to joy.**

*So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, 2 complete my joy by being of the same mind, having the same love, being in full accord and of one mind. -Philippians 2:1-2*

- Happiness?
- He is worth it.
- Gain & Loss

### **Empty yourself?**

*5 Have this mind among yourselves, which is yours in Christ Jesus, 6 who, though he was in the form of God, did not count equality with God a thing to be grasped, 7 but emptied himself, by taking the form of a servant, being born in the likeness of men. 8 And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. -Philippians 2:5-8*

- Emptiness is Fullness?
- Got it then give it. Keep it then lose it.
- Obedience & Suffering?

### **Live for the reward.**

*9 Therefore God has highly exalted him and bestowed on him the name that is above every name, 10 so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, 11 and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. -Philippians 2:9-11*

- The reward is the end?
- In the end is the reward.

Questions:

1. What convinces you that real joy is found in Jesus?
2. What does it look like for you to empty yourself these days?
3. How do you experience hope knowing that you have a great reward awaiting you?